

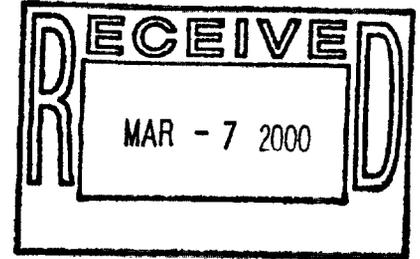


30day notice
R. Moore

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February 28, 2000

Dr. Robert Moore
Branch Chief
Office of Nutritional Products, Labeling and Dietary Supplements (HFS-811)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, S.W.
Washington, D.C. 20204



Dear Dr. Moore:

In accordance with the requirements of Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and 21 C.F.R. § 101.93, Anda Pharmaceuticals hereby notifies the FDA that it has begun marketing, within the past thirty days, the following products bearing the listed statements.

Product: Anda Pharmaceutical's **kava** herbal dietary supplement

Statements: Helps the body cope with stress and anxiety.
Helps the body cope with nervous stress and anxiety.
Useful for the relief of muscle tension.
Promotes total relaxation.

Product: Anda Pharmaceutical's **echinacea** herbal dietary supplement

Statements: Supports the body's natural defenses
Helps promote optimal wellness when you need extra support.
Enhances the body's natural defenses.

Product: Anda Pharmaceutical's **panax ginseng** herbal dietary supplement

Statements: Enhances energy and vitality in a stressful world.
Improves oxygen utilization for better mental & physical performance.
Enhances resistance to stress.
Promotes health & vitality in an increasingly demanding world.

Product: Anda Pharmaceutical's **saw palmetto** herbal dietary supplement

Statements: Supports prostate health.
Helps support the health of the prostate & urinary tract.
May significantly improve quality of life in mature men.

Product: Anda Pharmaceutical's **st. john's wort** herbal dietary supplement

Statements: Helps promote emotional balance.
Helps promote a positive outlook.
Supports a healthy sense of well-being.

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Product: Anda Pharmaceutical's **ginkgo biloba** herbal dietary supplement

Statements: Helps maintain healthy memory function and mental alertness.
Improves blood and oxygen flow to the brain, eyes, ears, & limbs.
Helps maintain memory function & mental alertness.
Delivers important antioxidant benefit.

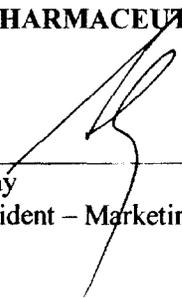
Product: Anda Pharmaceutical's **garlic** herbal dietary supplement

Statements: Helps maintain heart and circulatory health.
Supports the proper function of the circulatory system.
Helps preserve the health & elasticity of blood vessels.
Delivers potent antioxidant protection.

The undersigned certifies that the information contained in this notice is complete and accurate, and that Anda Pharmaceuticals has substantiation that the statements are truthful and not misleading.

Sincerely,

ANDA PHARMACEUTICALS



Andy Gray
Vice President – Marketing