

1751 '00 FEB 29 P2:13

Notice is hereby given pursuant to the requirements of section 403(r)(6)(21 U.S.C. 343(r)(6) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 CFR 101.93, that Metagenics, Inc. with its principal place of business at 100 Avenida la Pata, San Clemente, California 92673, (949) 366-0818, has commenced marketing the following dietary supplements bearing the following statement(s) on the label and/or in the labeling:

METAGENICS BRAND

Name of Supplement	Name of Ingredient or Supplement that is Subject to the Claim	Text of Claim
Arthrogen™	Niacin; N-Acetylcysteine	<p>Features a synergistic blend of N-acetylcysteine (NAC) and niacinamide in a formula designed to support the optimal function and health of joints.</p> <p>Preventing free radical damage is essential in promoting healthy tissues of the joint, including joint cartilage and synovial fluid. Maintaining the health of these tissues promotes healthy joint lubrication, flexibility, and function.</p> <p>NAC supports healthy joints through its potent antioxidant properties and through inhibition of cytokines.</p> <p>Niacinamide supports healthy joint function by inhibiting NF-kappaB, TNF-alpha, and poly (ADP-ribose) synthetase (PARS). Inhibition of PARS is associated with joint tissue</p>

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		<p>integrity.</p> <p>Combining NAC and niacinamide may enhance the effect of both nutrients, producing a synergistic effect in promoting healthy joint tissue and function.</p>
CandiBactin-AR™	<p>Basil Oil; Red Thyme Oil; Oregano Leaf Extract; Sage Leaf; Lemon Balm Leaf</p>	<p>A concentrated blend of essential oils and herbal extracts from the aromatic mint family in a formula designed to support healthy intestinal microbial balance and digestion</p> <p>These herbs are traditionally used to harmonize digestive and respiratory function, which traditional herbalists believe is essential for strong immune function.</p> <p>Oregano, sage and lemon balm are added to the formula for their potent antioxidant properties, which protect and stabilize the fragile essential oils, as well as for their added benefit in promoting healthy digestion and immune function.</p>
CandiBactin -BR™	<p>Coptis Root & Rhizome Extract; Barberry Root Extract; Berberine Sulfate; Coptis Root & Rhizome; Baical Skullcap Root; Phellodendron Bark; Ginger Rhizome; Licorice Root; Chinese Rhubarb Root & Rhizome</p>	<p>Berberine is a natural compound that supports immune function and encourages the body to purge unwanted compounds.</p> <p>The unique qualities of these berberine-rich plants lie in their ability to promote healthy intestinal microbial balance and normal liver and gallbladder function.</p> <p>The decoction of Chinese herbs also includes ginger, licorice, and rhubarb to harmonize the action of the herbs within the formula and to promote a calm digestive</p>

		tract.
ChondroCare™	Vitamin C; Zinc; Selenium; Copper Manganese; Glucosamine Sulfate; Chondroitin Sulfate	<p>A comprehensive formula designed to support healthy joints by featuring glucosamine sulfate and chondroitin sulfate.</p> <p>Glucosamine is the basis for the formation of vital connective tissue substances such as proteoglycans and glycosaminoglycans (GAGs). Chondroitin sulfate supports healthy joint matrix formation.</p> <p>ChondroCare also features the valuable mineral synergists zinc, copper, manganese, and selenium for added support of joint tissues.</p>
CoQ10-ST-100™	Coenzyme Q10	<p>CoQ10 is a naturally occurring substance that is essential for energy production and is of particular importance in the maintenance of cardiovascular health.</p> <p>CoQ10 has potent antioxidant properties and cell membrane stabilizing effects and may help maintain healthy blood pressure.</p>
Gastrogen™	Poria fungus; Job's Tears Seed; Pueraria Root; Saussurea Root; Patchouli Leaf; Angelica Dahurica Root; Atractylodes Rhizome; Fermented Leaven; Rice Sprouts; Chrysanthemum Flower; Gastrodia Rhizome; Tangerine Peel; Peppermint Leaf; Trichosanthes Root	<p>A Chinese herbal formula traditionally used to cool excess "stomach fire" element, supporting healthy digestive function after eating or drinking too much.</p>
Glutagenics™	Glutamine; Deglycyrrhizinized Licorice (dgl); Aloe Leaf Extract	<p>Features three key ingredients that comprehensively support the integrity and optimal function of the gastrointestinal lining.</p> <p>A healthy intestinal lining is essential for proper digestion,</p>

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		<p>immune function, liver function, and overall health, primarily through its role as a barrier preventing the absorption of unwanted molecules.</p> <p>Glutagenics supplies:</p> <ul style="list-style-type: none"> - 3.5 grams of the amino acid glutamine, which provides both a source of fuel and precursors for growth to the rapidly dividing cells of the intestinal lining. - A concentrated extract of DGL, which promotes optimal gut mucosal integrity - A premium extract of aloe leaf, which promote a healthy intestinal lining.
Lipotain™	Niacin; Guggul Resin Extract	<p>Designed to support healthy cholesterol triglyceride, and lipoprotein(a) levels by supplying 500mg of inositol hexanicotinate per tablet.</p> <p>Guggul resin may help maintain healthy cholesterol and triglyceride levels.</p>
Mg/K Aspartate	Magnesium; Potassium	<p>Magnesium plays an important role in normal growth, development, and energy production, and potassium is a key electrolyte in cellular function.</p>
Ultra CLA™	Conjugated Linoleic Acid; Rosemary Leaf Extract	<p>Rosemary has potent antioxidant properties.</p> <p>CLA is a naturally occurring fatty acid that may support healthy glucose and insulin metabolism through its activation of nuclear receptors that are potent insulin sensitizers.</p> <p>By enhancing insulin sensitivity and glucose uptake,</p>

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		<p>CLA may help to promote healthy glucose tolerance and glucose homeostasis.</p> <p>Ongoing research is exploring many new potential applications of CLA, including promotion of lean body mass.</p>
Vessel Care™	Vitamin B6; Folate; Vitamin B12; Zinc; Trimethylglycine anhydrous; Choline; Intrinsic Factor	<p>A comprehensive homocystine formula that features optimal levels of folic acid, vitamins B6 and B12, trimethylglycine; and choline nutrients that support healthy homocystine metabolism.</p> <p>Includes a patented form of zinc as an amino acid chelate, for added support in maintaining healthy homocystine levels and optimum cardiovascular health.</p>
Zinc A.G.™	Zinc (as zinc arginate and zinc glycinate)	<p>Zinc and arginine are especially important for immune support and tissue synthesis.</p> <p>Zinc is a component of numerous enzymes in the body related to energy metabolism, bone mineralization, and protein synthesis and plays a role in the healthy maintenance of male reproductive organs.</p>

ETHICAL NUTRIENTS

Name of Supplement	Name of Ingredient or Supplement that is Subject to the Claim	Text of Claim
Immune Benefit™	Concentrated Whey Protein with Bioactive Immunoglobulins	Promotes healthy intestinal bacteria and the immune function of the intestinal tract.
MenoPos™	Calcium; Phosphorus; Black Cohosh Root & Rhizome Extract' St. John's Wort; Chasteberry Fruit Extract; Red Sage Root; Motherwort Aerial Parts; Dandelion Root	<p>Designed to support hormonal balance and the systems affected by mid-life hormone decline.</p> <p>Hormonal balance is the key to maintaining moisture, skin elasticity, emotional well-being and abundant energy.</p>
MoistSure™	Rehmannia Root; Dioscorea Root; cornus Fruit; Tree Peony Root Bark; Poria Sclerotium; Alisma Root; Schisandra Berry	<p>Promotes moisture and vitality.</p> <p>One of China's most esteemed rejuvenating formulas created especially with the menopausal or postmenopausal woman in mind, has been used for centuries to nourish and promote moisture throughout the body.</p>

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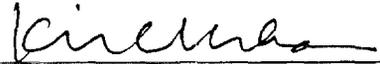
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HepataPlex™	Gentian Root; Bupleurum root; Alisma root; Rehmannia Root; Baical Skullcap; Gardenia Fruit; Knotweed Aerial Parts; Plantago Seed; Dong Quai Root; Licorice Root	Combines herbs traditionally used in China for centuries to support liver detoxification and balance.
Serenagen™	Rhemania root; Schizaandra Fruit ; Jujube Fruit; Dong Quai Root; Asparagus Root; Ophiopogon Root; Schophularia Root; Codonopsis Root; Salvia Root; Poria Sclerotium; Polygala Root; Platycodon Root	A classic Chinese herbal formula traditionally used to help the body adapt to stress
SuperGarlic 6000™	Raw Garlic Concentrate; Calcium; Phosphorus	Garlic helps support healthy cholesterol levels and a healthy cardiovascular and immune system.
Tran-Q™	Polygala Root; Biota Seed; Platycodon Root; Rehmannia root; Citrus Peel; Jujube Fruit; Licorice root; Job's Tears Seed ; Poria Fungus; Altractylodes Rhizome; Gardenia Fruit	A time-honored formula that has been traditionally used to maintain a calm spirit and quiet the heart.
VascuTone™	Hawthorn Berry; Arjuna Bark; Coleus Forskohlii Root Extract; Pushkarmool Root; Guggul Resin	<p>A comprehensive cardiovascular herbal formula that features premium standardized extracts of hawthorn berry and a variety of Ayurvedic herbs traditionally used to support the heart.</p> <p>Hawthorn is a popular herb traditionally used to help promote circulation and overall cardiovascular function, possibly by helping to maintain healthy blood pressure and blood vessel dilation.</p>

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VenaPlex™	Rutin; Horse Chestnut Seed Extract; Arjuna Bark 8:1 Extract; Coleus Forskohlii Root Extract; Inula Racemosa Extract; Guggul Resin 5:1 Extract	<p>Features a premium standardized extract of horse chestnut seed, an herb widely used to help promote venous tone and capillary integrity.</p> <p>Horse chestnut is combined with rutin, a powerful flavonoid that helps maintain capillary integrity, and standardized extract of select Ayurvedic herbs traditionally used to help support a healthy cardiovascular system.</p>
Yin Essence™	Rehmannia Root Prepared; Dioscorea Root; Cornus Fruit; Tree Peony Root-Bark; Poria Fungus; Alisma Root; Schizandra Berry	<p>A time-honored formula traditionally used to nourish and support kidney "yin".</p> <p>Traditional Chinese herbology considers the kidney to be the source of all bodily fluids that promote vitality.</p>

THE UNDERSIGNED CERTIFIES THAT THE INFORMATION CONTAINED IN THIS NOTICE IS COMPLETE AND ACCURATE AND THAT METAGENICS, INC. HAS SUBSTANTIATION THAT THE STATEMENTS CONTAINED HEREIN ARE TRUTHFUL AND NOT MISLEADING.

Date January 27, 2000

BY: 
Kim Krumhar, Ph.D.
Its Director of Research and Development