

NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA

9/10/99

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **American Body Building Products® Critical Mass Drink, Product #55050 & #55369** bearing the statements set out below:

Weider Nutrition International., Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure function claim for **Calories, Protein & Carbohydrate** is as follows:

- (Statement 1) American Body Building Products® proudly introduces CRITICAL MASS, the premier post-workout training drink for power and mass.
- (Statement 2) With CRITICAL MASS you can achieve your goals during the post-workout window of opportunity. During this time your body is at its maximum potential for absorbing carbohydrates and amino acids.
- (Statement 3) The Carbohydrate Stack™ has been modified to optimize recovery and strength after a demanding workout. Dextrose is used for rapid glucose replacement. Glucose polymers are used for a secondary, steady source of glucose. Fructose is added for long-term muscle glycogen replacement.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 31st day of August, 1999.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: DR. LUKE R. BUCCI

DR. LUKE R. BUCCI

Vice President of Research

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