



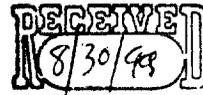
Rite Aid Corporation

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August 18, 1999

Ms. Linda S. Kahl, Ph.D.
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, DC 20204



Dear Dr. Kahl:

Pursuant to section 403(r)(6) of the Dietary Supplement Health and Education Act of 1994 ("DSHEA"), General Nutrition Corporation located at 300 Sixth Avenue, Pittsburgh, Pennsylvania 15222 ("GNC"), hereby notifies the Food and Drug Administration that it is marketing dietary supplements that bear a nutritional support statement on their labels. Enclosed please find a listing of the products and their statements of nutritional support.

As required, the product labels contain the disclaimer that this statement has not been evaluated by the Food and Drug Administration and that the product is not intended to diagnose, treat, cure, or prevent any disease. Two (2) copies of this notification are enclosed for your convenience.

On behalf of Rite Aid, I hereby certify that the information contained in this notice is complete and accurate and that Rite Aid has substantiation that the statements are truthful and not misleading.

Very truly yours,

Rite Aid Representative
Gregory A. Drew, R.Ph.
Director, Clinical Services

GAD/mrm
Enclosure

97S - 0162

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DESCRIPTION	DATE FILED	STRUCTURE FUNCTION STATEMENT(S)
Rite Aid Acidophilus	8/13/99	These capsules contain millions of organisms that help provide and maintain intestinal flora.
Rite Aid Beta-Carotene	8/13/99	Beta-Carotene is a nutrient which the body can convert into Vitamin A as needed.
Rite Aid Black Cohosh	8/13/99	Women's Herbal Support for Estrogen Balance.
Rite Aid Soy Lecithin	8/13/99	Choline plays a role in the maintenance of a healthy nervous system.
Rite Aid Glucosamine/Chondroitin	8/13/99	Support for healthy joints.
Rite Aid Chromium Picolinate	8/13/99	For carbohydrate, protein and fat metabolism. Chromium is necessary in the metabolism of carbohydrates, protein and fat by assisting insulin, a key hormone.
Rite Aid Cod Liver Oil	8/13/99	For Healthy Eyes & Skin & Bones.
Rite Aid Coenzyme Q-10	8/13/99	Supports Cellular Energy.
Rite Aid Cranberry	8/13/99	Supports Urinary Tract.

DESCRIPTION	DATE FILED	STRUCTURE FUNCTION STATEMENT(S)
Rite Aid Echinacea	8/13/99	Immune System.
		Non-clinical & laboratory studies show that echinacea stimulates the body's own defenses.

Rite Aid Folic Acid	8/13/99	Folate helps men and women maintain normal cardiovascular system function.
		Cardiovascular health/Reproductive health.

Rite Aid Garlic Oil	8/13/99	Helps regulate cholesterol levels.
Rite Aid Concentrated Garlic	8/13/99	Garlic helps maintain normal blood pressure levels. Frequent inclusion of garlic in the diet may offer another means to help maintain good health.
Rite Aid Garlic - 580 mg.	8/13/99	Research indicates that consumption of garlic helps regulate cholesterol levels, as well as maintain normal blood pressure levels. Scientific studies support that the frequent inclusion of garlic in the diet may offer another means to help maintain good health.

Rite Aid Ginkgo Biloba	8/13/99	Ginkgo Biloba has been used for centuries to help promote healthy circulation. Clinical research indicates that its natural phytonutrients may be helpful in maintaining normal blood circulation throughout the brain. Ginkgo Biloba for cerebral circulation. Ginkgo Biloba helps to enhance alertness & short term memory.
Rite Aid Ginkgo Biloba	8/13/99	Ginkgo Biloba's antioxidant properties help protect brain cells from free radical damage. It helps to improve blood circulation of oxygen and glucose to the brain for normal brain function. Ginkgo Biloba helps to enhance alertness & short term memory.

Rite Aid Siberian Ginseng	8/13/99	For physical and mental stress. Ginseng helps improve mental and physical performance, increasing resistance to stressful conditions.
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Rite Aid Glucosamine/Chondroitin	8/13/99	Support for healthy joints.
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Rite Aid Grape Seed	8/13/99	Supports cardiovascular health. Nutrients naturally present in grape seed extract support cardiovascular health by helping to maintain flexible artery walls.
Rite Aid Soy Lecithin	8/13/99	Lecithin is a natural source of choline which plays a role in the maintenance of a healthy nervous system.
Rite Aid Calcium, Magnesium & Zinc - 250 MG	8/13/99	Magnesium is involved with the normal function of the brain and spinal cord.
Rite Aid Calcium, Magnesium & Zinc	8/13/99	Magnesium is essential for the production and release of energy in cells and assists in calcium metabolism.
Rite Aid Melatonin	8/13/99	Associated with sleep/wake patterns.
Rite Aid Niacin	8/13/99	Niacin helps convert food into energy & contributes to healthy skin, digestive system & nerve function.
Rite Aid Fish Oil	8/13/99	Omega-3 fatty acids helps maintain heart & vascular health.
Rite Aid Potassium Gluconate	8/13/99	Potassium is one of the important minerals that help maintain vascular health.
Rite Aid Saw Palmetto Complex	8/13/99	Saw Palmetto was developed to be a dietary supplement specifically for a man's prostate health. Saw Palmetto Berry Extracts acts to promote free urine flow.
Rite Aid Saw Palmetto	8/13/99	Clinical research indicates that regular use of saw palmetto provides phytonutrients that may help maintain a healthy prostate.
Rite Aid Selenium	8/13/99	Selenium works with Vitamin E in the cell's antioxidant defense system to slow or stop free radical reactions that can damage vital cell structures.

DESCRIPTION	DATE FILED	STRUCTURE FUNCTION STATEMENT(S)
Rite Aid St. Johns Wort	8/13/99	Mood enhancer.
Rite Aid Cod Liver Oil	8/13/99	Vitamin A is essential for healthy eyes, healthy skin and supports the immune system.
Rite Aid Beta-Carotene	8/13/99	Vitamin A helps maintain healthy vision.
		Vitamin A from Beta-Carotene for healthy eyes & skin.
Rite Aid Vitamin B-1	8/13/99	Vitamin B-1 is essential for the breakdown of foods into energy, assists in maintaining proper muscle coordination and a healthy nervous system.
		Vitamin B-1 sparks energy.
Rite Aid Vitamin B-6	8/13/99	Vitamin B-6 helps in protein metabolism, energy conversion and enhances the immune system. Vitamin B-6 for protein & energy metabolism.
Rite Aid Vitamin B-12	8/13/99	Vitamin B-12 helps in manufacturing healthy blood cells and maintaining the nervous system. For healthy blood cells and maintaining the nervous system.
Rite Aid Vitamin B-50	8/13/99	Helps convert food into energy.
Rite Aid Vitamin C	8/13/99	Vitamin C enhances the immune system.
		Vitamin C protects the body's cell from potential oxidative damage and enhances the immune system.
Rite Aid Cod Liver Oil	8/13/99	Vitamin D is involved in proper bone development and maintenance.

DESCRIPTION	DATE FILED	STRUCTURE FUNCTION STATEMENT(S)
Rite Aid Vitamin E	8/13/99	Naturally contributes to a healthy heart. Vitamin E naturally contributes to cardiovascular health by helping to protect LDL cholesterol from oxidation which may cause cellular damage.
Rite Aid Selenium	8/13/99	Selenium works with vitamin E in the cell's antioxidant defense system to slow or stop free radical reactions that can damage vital cell structures.

Rite Aid Zinc Lozenges	8/13/99	Zinc plays an important role in the development and normal function of the immune system, reproductive system and in proper growth. Zinc supports Immune System.
Rite Aid Calcium, Magnesium & Zinc	8/13/99	Zinc is required for proper growth and normal reproductive development.