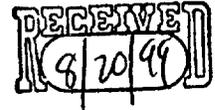




CELESTIAL SEASONINGS, INC.

4600 Sleepytime Drive, Boulder, CO 80301-3292 USA (303) 530-5300

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August 16, 1999

Office of Special Nutritionals
HFS 450
200 C. Street SW
Washington, DC 20204

As per Section 6 of the Dietary Supplement Health and Education Act of 1994, I respectfully submit the following information:

Name and Address:

Celestial Seasonings, Inc.
4600 Sleepytime Drive
Boulder, CO 80301-3292

Text of Statements:

- Natural support for mood and energy.
- St. John's Wort supports a positive mood and outlook.
- Siberian Ginseng maintains healthy energy levels.
- B Vitamins, which are easily depleted from the body, help you cope day to day.
- Chromium promotes a balanced mood by helping maintain normal blood sugar.
- Ultimate Blend Mood Mender is a gentle way to support your natural good mood, with St. John's Wort and ginseng standardized herbs, plus essential vitamins and minerals.
- This unique formula contains the right blend of natural ingredients for a positive mood.

Ingredients:

- Vitamin B6, Folic Acid, Vitamin B12, Selenium, Chromium, St. John's Wort herb & extract, Siberian Ginseng herb & extract.

Name of the dietary supplement (including brand name):

Celestial Seasonings™
Ultimate Blend Mood Mender

I hereby certify that the information contained in the above notice is complete and accurate, and that Celestial Seasonings, Inc. has substantiation that the statements are truthful and not misleading.

Sincerely,

Mike Gross
Technical Services Manager