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NATROL®

Quality Uncompromised™

July 13, 1999

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**VIA AIRBORNE EXPRESS #8410153765
& Regular Mail**

U.S. Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals, HFS-450
200 C. Street S.W.
Washington, District of Columbia 20204

Re: Natrol, Inc.

Dear Sir or Madam:

I am the General Counsel of Natrol, Inc., Chatsworth, California, a manufacturer of dietary supplement products (hereafter "Natrol").

On behalf of Natrol, and pursuant to the requirement of Section 6 of the Dietary Supplement Health and Education Act of 1994, 21 U.S.C. §343 (c) (6), your Agency is hereby notified that Natrol proposes to make statements of "nutritional support", as described in 21 U.S.C. §343(1)(6)(a), for its dietary supplements as follows:

- (1) **GINKGO BILOBA:** The Ginkgo Biloba tree is the oldest tree species known to man. Today, an extract of 50:1 with a 24% potency, from the fresh green leaves of the Ginkgo tree, is one of Europe's most popular supplements. Ginkgo Biloba is the subject of extensive worldwide research assessing its role in promoting oxygen flow to the arms, legs and brain by supporting peripheral blood flow.
- (2) **SAW PALMETTO:** Saw Palmetto (*Serenoa repens*) Berries contain several compounds shown in clinical studies to support prostate health. Natrol offers the same potency of sterols and fatty acids used in these studies.

Please be advised that the label of each of the above dietary supplement products includes the statement that "The FDA has not evaluated these statements. This product is not intended to diagnose, treat, cure or prevent disease."

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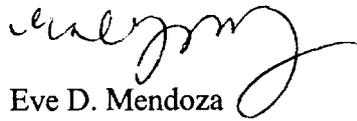
LET 3974

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If you have any questions regarding the foregoing, do not hesitate to contact the undersigned at your convenience.

Sincerely,

NATROL, INC.



Eve D. Mendoza
General Counsel

EDM/abs
LTR-039

cc: Elliott Balbert
Cheryl Richitt