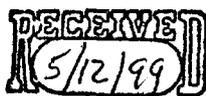


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FDA Notification Letter

Date: April 23, 1999



Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C. Street, SW
Washington, DC 20204

Dear Sir:

This notification is on behalf of Herbs, Etc., Inc. 1340 Rufina Circle, Santa Fe, NM 87505.

We intend to include the following statement of nutritional support on our Deep Chi Builder™:

"Supports a Healthy Immune System"

This dietary supplement contains Reishi mushroom (fruiting body), Maitake mushroom (fruiting body), Shiitake mushroom (fruiting body).

Please be advised that the information contained herein is, to the best of our knowledge and information, accurate. Our firm has information substantiating that the above statement is truthful and not misleading.

Sincerely Yours,

A handwritten signature in cursive script that reads "Daniel Gagnon".

Daniel Gagnon
President/Owner Herbs, Etc., Inc.