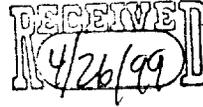


April 19, 1999

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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204



RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of St. John's Wort Extract 300 mg & 450 mg tablets and capsules, a dietary supplement. Source Naturals® is the manufacturer of St. John's Wort Extract.

Statements being made in the labeling of St. John's Wort Extract:

- (1) A daily intake of St. John's wort herb standardized to 2.7 mg hypericin may support a positive outlook and mood.
- (2) Supports a positive outlook.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.

Ira L. Goldberg
President, Source Naturals, Inc.

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