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October 30, 1998

Office of Special Nutritionals  
HFS-450 Center for Food Safety and Applied Nutrition  
U.S. Food and Drug Administration  
200 C St.SW  
Washington DC 20204

Statement of Nutritional Support- **DAILY MULTIPLE VITAMIN + MINERAL**

Pursuant to 21 CFR Part 101.93, American Specialty Health & Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as: **DAILY MULTIPLE VITAMIN + MINERAL**

- 1) Name and Address of Distributor: ASHW 8989 Rio San Diego Dr. Ste. 250, San Diego CA 92108
- 2) Text of Nutritional Support Statement being Made:  
"Daily Vitamin + Multiple Mineral is a combination of vitamins and minerals formulated to provide additional nutrient supplementation to the daily diet. A complete, balanced assortment of essential minerals and other nutrients is necessary for healing, growth, tissue vitality and resistance to illness."
- 3) Name of dietary ingredient(s): See Attached Product Label
- 4) Brand Name: **DAILY MULTIPLE VITAMIN + MINERAL**
- 5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Vice President.

Yours truly,

Dr. Doug Metz  
Vice President

*Also see docket 975-0163*

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# Daily Multiple Vitamin + Minerals

## Description:

Daily Multiple Vitamin + Mineral is a combination of vitamins and minerals formulated to provide additional nutrient supplementation to the daily diet. A complete, balanced assortment of essential vitamins, minerals and other nutrients is necessary for healing, growth, tissue vitality and resistance to illness.

These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

Manganese (as amino chelate)	2mg	100%
Chromium (as nicotinate glycinate)	100mcg	83%
PABA	25mg	*

Other Ingredients: Gelatin, cellulose, calcium phosphate hydrous, stearic acid, magnesium stearate and silicon dioxide.

\*Daily Value not established

Daily Multi-Vitamin + Minerals is free of wheat, corn, dairy, sucrose, starch, salt and yeast.

Directions for Use: Take 1 capsule 3 times per day.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication do not use it while pregnant or lactating, or provide it to a child without consulting a physician.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY HEALTH & WELLNESS™  
PO BOX 509940, SAN DIEGO, CA 92150-9940

# DAILY MULTI-VITAMIN + MINERALS

DIETARY SUPPLEMENT

90 CAPSULES

Premium Products for Your Health & Wellness™

## Supplement Facts

Serving Size: 3 Capsules – Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene, 8000 IU and palmitate, 4000 IU)	12,000 IU	240%
Vitamin C (as ascorbic acid)	200mg	333%
Calcium (as citrate malate)	200mg	20%
Vitamin D	200 IU	50%
Vitamin E (as d-alpha-tocopherol acetate)	100 IU	333%
Thiamin (as thiamin mononitrate)	7.5mg	500%
Riboflavin	8.5mg	500%
Niacin (as niacinamide)	25mg	125%
Vitamin B6 (as pyridoxine HCl)	10mg	500%
Folate (as folic acid)	400mcg	100%
Vitamin B12	100mcg	1667%
Biotin	400mcg	133%
Pantothenic acid	25mg	250%
Magnesium (as amino chelate)	50mg	12.5%
Zinc (as amino chelate, buffered)	15mg	100%
Selenium (as amino complex)	100mcg	143%
Copper (as amino chelate)	2mg	100%