



CELESTIAL SEASONINGS, INC.

4600 Sleepytime Drive, Boulder, CO 80301-3292 USA (303) 530-5300

1762 '98 FEB 18 A8:58

January 8, 1998

Office of Special Nutritionals
HFS 450
200 C Street SW
Washington, DC 20204

1/20/98

As per Section 6 of the Dietary Supplement Health and Education Act of 1994, I respectfully submit the following information:

Name and address:

Celestial Seasonings, Inc.
4600 Sleepytime Drive
Boulder, CO 80301-3292

Text of statement(s):

- Natural support for mood and energy.
- St. John's Wort supports a positive sense of well-being.
- Siberian ginseng maintains healthy energy levels.
- B Vitamins, which are easily depleted from the body, help you cope day to day.
- Chromium helps you maintain normal blood sugar.
- Mood Mender is a gentle way to support your natural good mood, with St. John's Wort standardized extract, plus essential vitamins, minerals and an amino acid.
- This unique formula contains just the right blend of natural ingredients for a positive outlook.
- Mood Mender is expertly blended to give you just the right amount and potency of herbs, minerals and an amino acid you need to support a good mood.

Ingredient statement:

Vitamin B6, Vitamin B3, zinc, Vitamin B12, folic acid, St. John's Wort extract, di-phenylalanine, Siberian ginseng Extract, selenium, chromium.

Name of the dietary supplement (including brand name):

Celestial Seasonings™
Mood Mender Standardized Herbal Extracts

I hereby certify that the information contained in the above notice is complete and accurate, and that has substantiation that the statements are truthful and not misleading.

Sincerely,

Mike Gross
Technical Services Manager

975-0162

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