STRUCTURE / FUNCTION CLAIMS

NUTRIENT: Glutamine

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PRODUCT: ABB 55460 L-Glutamine Powder 300g

NUTRIENT AMOUNT: 300g/bottle, 2.5 g/serving

STRUCTURE/FUNCTION CLAIM:

L-Glutamine, the most common amino acid in muscle, influences protein synthesis, glycogen storage, and the immune system. Supplementation with L-Glutamine can prevent glutamine depletion in muscles after metabolic stress, increase protein synthesis in muscles, and also decrease protein degradation (catabolism), resulting in stronger muscle cells.

REFERENCES: