

STRUCTURE / FUNCTION CLAIMS

NUTRIENT: Chromium

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BY: Luke R. Bucci

PRODUCT: Any product with > 50 mcg of chromium (any source) per serving

NUTRIENT AMOUNT: >50 mcg per tablet

STRUCTURE/FUNCTION CLAIM:

Chromium is an essential nutrient required for proper insulin function, affecting metabolism of fats, carbohydrates and proteins.

REFERENCES:

Anderson, R.A., Chromium, in *Trace Minerals in Foods*, K. Smith, Ed., Marcel Dekker, New York, 1988, 231-247.

Mertz, W., Chromium - an overview, in *Chromium in Nutrition and Metabolism*, D. Shapcott and J. Hubert, Eds., Elsevier/North Holland Biomedical, Amsterdam, 1979, 1-14.

Nielsen, F.H., Chromium, in *Modern Nutrition in Health and Disease*, 8th ed., Shils, M.E., J.A. Olson, M. Shike, Eds., Lea & Febiger, Philadelphia, 1994, 264-268.

Stoecker, B.J., Chromium, in *Present Knowledge in Nutrition*, 6th ed., Brown, M.L., Ed., International Life Sciences Foundation, Washington, D.C., 1990, 287-293.

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