

Office of Special Nutritional (HFS-450)
 Center for Food Safety and Applied Nutrition
 U.S. Food and Drug Administration
 5100 Paint Branch Parkway
 College Park, MD 20740-3835

1973 6 JAN 27 P2:22

Dear Sir/Madam:

This letter will serve as notification, pursuant to 21 USC 343(r)(6) (section 403(r)(6)) of the Federal, Food, Drug, and Cosmetic Act and 21 CFR 101.93, that I am using the following claim on my label (see attached label).

Name of Distributor:

Beulah Land Corporation
 715 Lake Street, Suite 706
 Oak Park, IL 60301

Name of Manufacturer:

Ortho Molecular Products, Inc.
 3017 Business Park Drive
 P.O. Box 1060
 Stevens Point, WI 54481

Statement Text:

Natural Medicine Use: Menstrual Support is a blend of herbs that may help with menstrual pain, PMS, menstrual irregularities, heavy menstrual bleeding, and chronic fatigue.

Why these Ingredients? Chaste Berry is a fruit used since the ancient times. It is in here because it may help alleviate PMS symptoms and cyclic breast discomfort. Dong Quai Root is a chinese herb which may be used for menstrual disorders and menstrual pain. Yarrow Leaf may be used to help ease heavy bleeding. Ladies Mantle may be used to help alleviate menstrual pain and cramping. Mother Wort has been used for centuries to help ease uterine pain.

Dietary Ingredients:

1 Capsule Contains: Vitamin C 80mg, Chaste Berry Fruit Extract 320mg, Dong Quai Root Extract 80mg, Yarrow Powder 60mg, Ladies Mantle Powder 60mg, Motherwort 40mg.

Dietary Supplement Name:

Menstrual Support

975 0162 LET 17252

As required, enclosed are two photocopies of this notification. I certify that the information presented and contained in this notice is complete and accurate, and that I have substantiation that the statement is truthful and not misleading.

Sincerely,
 Beulah Land Corporation

06-435

Also see docket
 975-0163

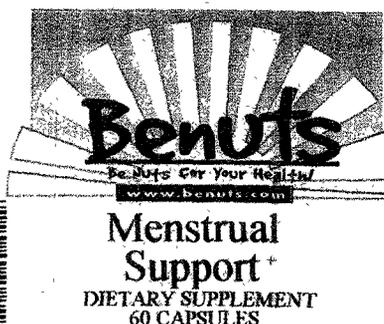
SUGGESTED USE: As a dietary supplement, 1-2 capsules two times per day or as recommended by your health care professional. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Come taking this product and consult your physician if you have negative reactions upon ingestion.

KEEP CONTAINER TIGHTLY CLOSED, STORE AT ROOM TEMPERATURE, KEEP OUT OF REACH OF CHILDREN. This product contains the following potential allergen: Asteraceae Family.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

This product was sealed for your protection. Do not use if outer seal or inner seal is missing or damaged.

Product #563060 L-HAL042-563060-A
 Beulah Land Nutritionals
 715 Lake Street, Suite 706
 Oak Park, IL 60301
 1-877-RXB111A1



Supplement Facts	
Serving Size: 1 Capsule Servings Per Container: 60	
1 Capsule Contains	% Daily Value
Vitamin C (as Ascorbic Acid USP) 80 mg	133%
Chaste Berry Extract (10:1) 320 mg	*
Dong Quai Root Extract 80 mg (Standardized to contain 1% Ligusticidin)	*
Yarrow Flowers 60 mg	*
Ladies Mantle (Aerial Portion) 60 mg	*
Organic Motherwort Leaf (Herb) 40 mg	*
*% Daily Value not established.	

Other Ingredients: Natural vegetable capsules. This product may contain one or more of the following: Acetylsalicylic Acid, Magnesium Stearate, Microcrystalline Cellulose and Silicon Dioxide. Formulated to be free of allergens derived from: Gluten, egg, dairy, peanuts, soy, yeast, artificial colors and flavors. Do not consume this product if you are pregnant or nursing. Consult your physician for further information.