



90 Orville Drive Bohemia, N.Y. 11716

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 19, 2005

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our supplements B-Complex with B-12 under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, HealthSmart Vitamins, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Warehouse, Nutro, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Sundown, US Nutrition, Vitamin Depot, Vitamin World, and WORLDWIDE Sport Nutrition:.

Ingredients: Thiamin, Riboflavin, Niacin, Vitamin B-6, Vitamin B-12, Pantothenic Acid

- For Energy Metabolism & Nervous System Health
- The B Vitamin Complex is made up of several vitamins that work well together to support nervous system health and provide nourishment for the stress of daily living.
- Vitamin B-12 promotes energy metabolism and aids in the normal development and the regeneration of red blood cells, which help deliver oxygen throughout the body.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

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