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November 18, 2005

Office of Nutritional Products  
Labeling and Dietary Supplements (HFS-810)  
Center for Food Safety and Applied Nutrition  
U.S. Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740

Pursuant to the requirements of Section 6 of the Dietary Supplement Health and Education Act of 1994, 21 U.S.C. 343 r (6) and in accordance with the authorized provisions of 21CFR 101.93, AdvoCare provides notification for statements on dietary supplement labels as follows:

**The name and address of the manufacturer, packer or distributor of the dietary supplement that bears the statements:**

AdvoCare International, L.P.  
2727 Realty Road  
Carrollton, TX 75006

**Product Name:** Prostate Support

**Statement(s)**

**Basis for Statement**

Supports healthy prostate function

Red clover extract (flower/leaf - *Trifolium pratense*)  
Saw palmetto extract (berry - *Serenoa repens*)  
Graminex™ flower pollen extract (pollen - *Secale cereale*, *Zea mays*, *Phleum pratense*)

Provides antioxidant activity

Vitamin D (as cholecalciferol)  
Zinc (as zinc monomethionine)  
Selenium (as L-selenomethionine)  
Red clover extract (flower/leaf - *Trifolium pratense*)  
Saw palmetto extract (berry - *Serenoa repens*)  
Graminex™ flower pollen extract (pollen - *Secale cereale*, *Zea mays*, *Phleum pratense*)  
Green tea extract (leaf - *Camellia sinensis*)  
Lycopene

Supports a healthy immune system

Vitamin D (as cholecalciferol)  
Zinc (as zinc monomethionine)  
Selenium (as L-selenomethionine)  
Green tea extract (leaf - *Camellia sinensis*)  
Lycopene  
Glycine

Supports male urinary health

Vitamin D (as cholecalciferol)  
Zinc (as zinc monomethionine)  
Selenium (as L-selenomethionine)  
Red clover extract (flower/leaf - *Trifolium pratense*)  
Saw palmetto extract (berry - *Serenoa repens*)  
Graminex™ flower pollen extract (pollen - *Secale cereale*, *Zea mays*, *Phleum pratense*)  
Green tea extract (leaf - *Camellia sinensis*)  
Lycopene

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**Certification**

The undersigned certifies that the information contained in this notice is complete and accurate and that Advocare International, L.P. has substantiation that the statements are truthful and not misleading.

Respectfully yours,

A handwritten signature in cursive script that reads "Sidney Stohs". The signature is written in black ink and is positioned above the typed name.

Sidney Stohs, Ph.D.  
Senior Vice President, Research and Development  
AdvoCare International, L.P.