



0992 5 OCT 28 P2:16

OCT - 5 2005

October 4, 2005

Office of Nutritional Products
Labeling and Dietary Supplements (HFS-810)
Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

Dear Sir or Madam;

This letter will serve as a 30-day notification, pursuant to 403 (r) (6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Product Manufacturer: IdeaSphere Inc.
150 Motor Parkway
Hauppauge, NY 11788

Text of statement being made: "...an increased NO Arginine complex increases nitric oxide levels to enhance nutrient transport/delivery and support muscle metabolism"
"...priming the metaphysio cellular environment for optimum muscle stimulation"

Dietary supplement ingredients: Avena sativa Extract, Eurycoma Longifolia Extracts, Tribulus Terrestris Extract, L-Arginine Hydrochloride, L-Arginine Alpha-Ketoglutarate, L-Arginine Pyroglutamate, Ajuga turkestanica Extract.

Dietary supplement brand and name: Twinlab ANDRO NITRATE⁴ FUEL CAPSULES

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that IdeaSphere Inc., has substantiation that the statement being made is truthful and not misleading.

Sincerely,

Richard H. Neuwirth
General Counsel
IdeaSphere Inc.
150 Motor Parkway
Hauppauge, N.Y. 11788

Enclosures

97S 0162

LET 16845