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August 11, 2005

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)
5100 Paint Branch Parkway
College Park, Maryland 20740
Reference phone #301-436-2373

AUG 24 2005

Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

Proprietary blend of a patented extract from *Magnolia officinalis* and *Ziziphus spinosa*. Assists relaxation and rest. Natural plant extracts.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

- **Seditol™** (proprietary blend of a patented extract from *Magnolia officinalis* and *Ziziphus spinosa*)

(4) Name of the dietary supplement(s)

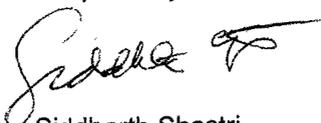
Seditol™ 30 capsules

(5) The following disclaimer appears on the label in bold:

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients.

Respectfully submitted,



Siddharth Shastri
Vice President, Product Development

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