



90 Orville Drive Bohemia, N.Y. 11716

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

July 19, 2005

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Q-Sorb™ Co Q-10 supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Sundown, US Nutrition, Vitamin Depot, Vitamin World, and WorldWide Sports:

Ingredients: Vitamin E, Coenzyme Q-10

- Helps Maintain Heart Health
- Coenzyme Q-10 is a naturally occurring, fat-soluble antioxidant that appears in almost every cell in the body.
- Antioxidants help fight cell-damaging free radical in the body.
- As a supplement, Coenzyme Q-10 supports cardiovascular health and helps the body convert food into energy.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

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