

Helping Hands Life Improvement Center, USA, Inc

3 2 8 4 5 AUG 18 P 2 :23

July 16, 2005

Office of Nutritional Products, Labeling and Dietary Supplements,
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Pkwy
College Park, MD 20740

JUL 26 2005

Dear Sirs

I wish to notify you that we are now selling our dietary supplement known as Instant CalMag-C by Sunshine Vitamins and that the label bears a statement that has not been evaluated by the FDA.

Herewith the data as required by your office:

1. The name and address of the distributor is as appears on this letterhead.
2. The text states:
"In order for the body to absorb calcium, it needs magnesium and both minerals should be in the correct pH balance. Our Instant CalMag-C contains both calcium and magnesium and has been pH balanced for optimum absorption."

"Calcium and magnesium in the correct ratio are needed to maintain healthy nerve and muscular systems as well as bones."
3. The name of the product is "Instant CalMag-C"

I, as President of Helping Hands Life Improvement Center, USA, Inc, hereby certify that the above information as presented is complete, truthful and not misleading.

Yours truly



DESIREE LOTZ
PRESIDENT

975 0162 LET

16518

P O Box 464, Clearwater, FL 33757
Tel & Fax: (727) 441-2820. 1-877-700-7717
President: Desiree Lotz