

AmerifitTM NUTRITION

January 4, 2005

CFSAN
Mail Stop HFS-800
5100 Paint Branch Parkway
College Park MD 20740

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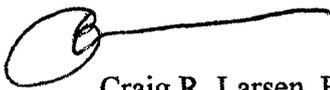
To Whom It May Concern:

In compliance with the Dietary Supplement Health and Education Act of 1994 and its various subsequent requirements, Amerifit Nutrition is pleased to submit the following structure/function claims made for its:

Estroven Caplets

- "Naturally help support hormonal balance"
- "... for hormonal balance"
- "Natural vitamin E, folic acid and b-6 for a healthy heart"
- "calcium for healthy bones"
- "... to help reduce irritability and get a good night's sleep"
- "... help support natural hormonal balance"
- "... to help reduce irritability and occasional sleeplessness associated with menopause"
- "... boron, a mineral that aids calcium absorption"
- "... have a mild estrogenic effect on the body"
- "... may help you relax, enjoy a good night's sleep and an energized morning"

Thank you.



Craig R. Larsen, Esq.
In House Counsel

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