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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 6, 2004

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Knox® for Nails supplements.

Ingredients: Protein, Vitamin C, Niacin, Vitamin B-6, Biotin, Gelatine

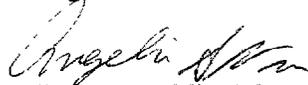
- Important Nutrients that Help Maintain Strong Nails.
- Knox® for Nails provides important nutrients that help promote healthy, stronger nails.
- Gelatine and Biotin help promote healthy nail growth by acting at the base of the nail – the nail matrix - where nail growth begins.
- Niacin and Vitamin B6 are two important nutrients that help support cell growth.
- Vitamin C helps support collagen formation, the foundation of the nail matrix.
- Just one packet of Knox® for Nails per day, and you will be on your way to promoting stronger, healthier nails.
- Try our other Knox® NutraJoint® products to help maintain flexible joints and healthy bones.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

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Sincerely,


Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

ASV/mb

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