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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 6, 2004

DEC 22 2004

Dear Sir or Madam:

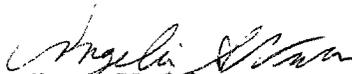
This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Tonalin® & Chromax® Complex supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Chromium, Conjugated Linoleic Acid

- The Cutting Edge Approach to Weight Control Support when used as part of a reduced calorie diet and daily exercise program.
- Supports Sugar and Fat Metabolism.
- Helps Reduce Body Fat when used as part of a reduced calorie diet and daily exercise program.
- Supports Muscle Mass when used as part of a reduced calorie diet and daily exercise program.
- This synergistic formula combines two proprietary ingredients for weight control support, Chromax® Chromium Picolinate and Tonalin CLA®.
- Chromax® Chromium Picolinate works to support sugar and fat metabolism while Tonalin CLA® helps reduce body fat.
- Let Tonalin® & Chromax® help you win the battle of the bulge against fat and get you back in control.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,


Angelica S. Vrablic
Manager, Nutrition Research

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