

November 3, 2004

Director
Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street S.W.
Washington, DC 20204

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SENT VIA CERTIFIED MAIL – RETURN RECEIPT REQUESTED
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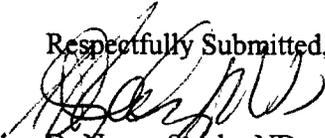
RE: LIVER ANTI-OXIDANTS

Dear Sir / Madam:

This is a 30-day notification of a statement of nutritional support for a dietary supplement. The product name is **Andrew Lessman's LIVER ANTI-OXIDANTS**. The structure / function claims on all sizes and configurations of this product are identical. They are as follows:

Andrew Lessman's LIVER ANTI-OXIDANTS contains a blend of highly concentrated standardized extracts of Milk Thistle, Artichoke and Turmeric, along with important nutrients necessary to support liver function. To support this extremely hard working organ, as well as the gallbladder and bile ducts, **Liver Anti-Oxidants** includes our Milk Thistle extract, standardized for high levels of Silymarin. Research has shown that Silymarin is a potent anti-oxidant that specifically helps to protect the liver from free radical damage and helps to stabilize and support liver cell membranes, while also supporting the production of the liver's own powerful anti-oxidant enzymes, such as glutathione. **Liver Anti-Oxidants** also includes high levels of Artichoke and Turmeric extracts to support the liver's detoxification processes and provide additional anti-oxidant benefits.

Respectfully Submitted,


Dr. Nancy Steely, ND

Director of Research and Development

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