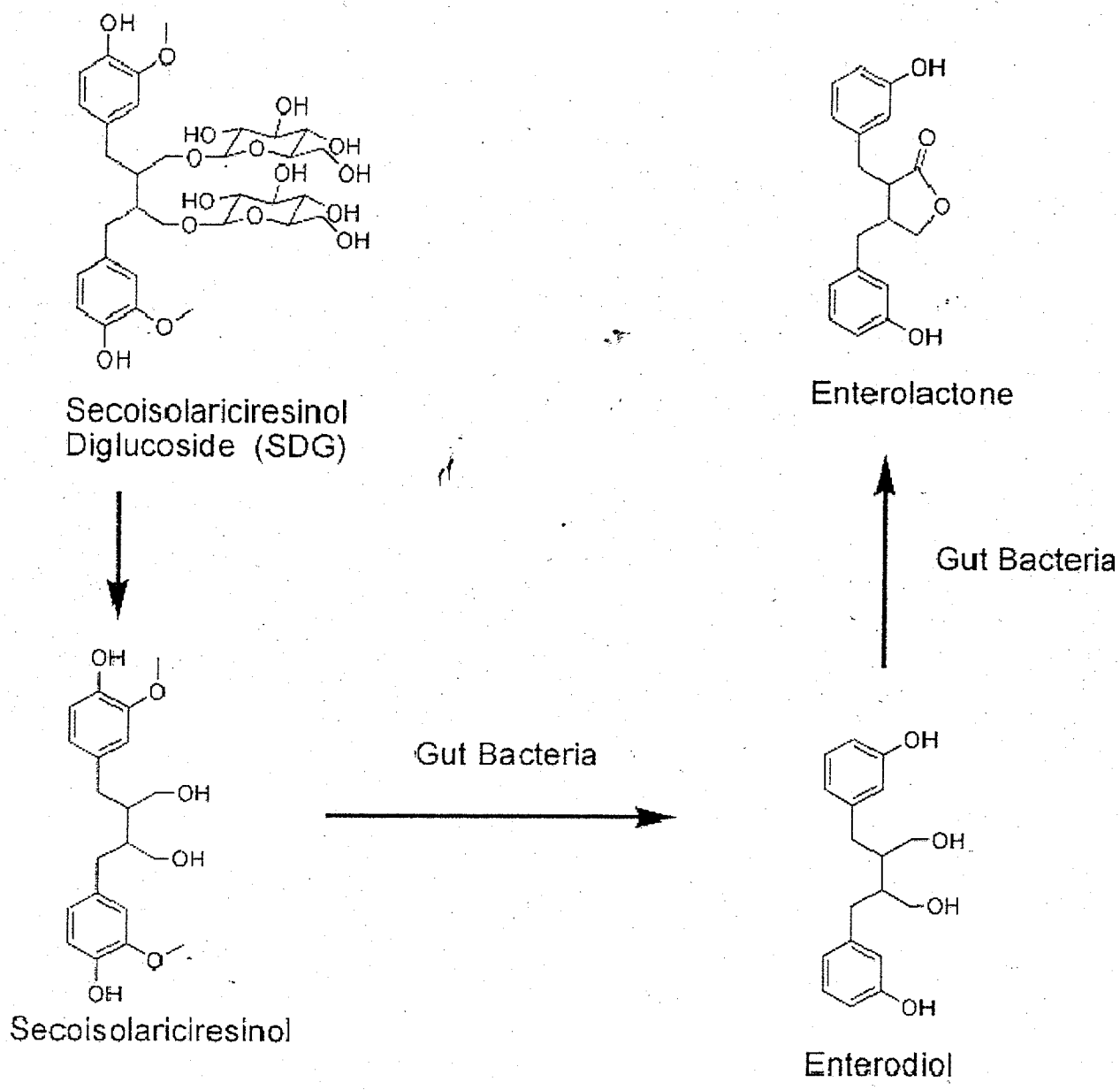
Appendix A:

Chemical structure of SDG and its metabolic conversion to enterodiol and enterolactone.

Conversion of flax lignan SDG to enterodiol and enterolactone by gut microflora.