Appendix VI

Appendix VI:

Selected key articles cited in the literature

1. Mazza, G. and Oomah, B.D., 1995 Flaxseed, dietary fiber, and cyanogens. Chapter 4. In *"Flaxseed in Human Nutrition."* Editors: Cunnane, S. and Thompson, L.U. Published by AOCS Press.

2. Jenkins, D.J.A. 1995. Incorporation of flaxseed of flaxseed components into cereal foods. Chapter 10. In *"Flaxseed in Human Nutrition."* Editors: Cunnane, S. and Thompson, L.U. Published by AOCS Press.

3. Thompson L.U. 2003. Thompson LU. 2003. Analysis and bioavailability of lignans. Chapter 4. In: *Flaxseed in Human Nutrition,* Editors: Thompson L.U. and Cunnane SC, 2nd ed, AOCS Press

4. Thompson, L.U. and Ward, W.E. 2002 Chapter 22. Flaxseed Lignans: Health Benefits, Bioavailability and Safety. In *Phytoestrogens and Health.* Editors: Gilani, G.S. and Anderson, J.J.B. AOCS Press.

5. Wang, L.Q. 2002. Mammalian phytoestrogens: enterodiol and enterolactone. J. of Chromatography B, 777, 289-309.

6. Kuijsten, A., Arts, I.C.W., Vree, T.B. and Hollman, P.C.H. 2005. Pharmacokinetics of enterolignans in healthy men and women consuming a singe dose of secoisolariciresinol diglucoside. J. Nutr. 135: 795-801.