7.17 Saturated Fatty Acid Claims

The conditions for saturated fatty acid claims are now linked with the *trans* fatty acid content of the food.

Summary Table of Saturated Fatty Acid Claims
Table 7-6

Note: The claims made in quotation marks in column 1 are those which are permitted by the *Food and Drug Regulations*. The reference amounts are found in Part D, Schedule M of the *Food and Drug Regulations* (see 6.2.1 of this *Guide*).

Column 1 **Claim**	Column 2 **Conditions - Food**	Column 3 **Conditions - Label or Advertisement**	**FDR Reference**
a) Free of saturated fatty acids "free of saturated fatty acids" "saturated fatty acids-free" "no saturated fatty acids" "0 saturated fatty acids" "zero saturated fatty acids" "without saturated fatty acids" **Note:** "saturated fatty acids" may be	The food contains: (a) less than 0.2 g saturated fatty acids and less than 0.2 g *trans* fatty acids per reference amount and serving of stated size; or (b) less than 0.2 g saturated fatty acids and less than 0.2 g *trans* fatty acids per serving of stated size, if the food is a prepackaged meal.	Must comply with general requirements for nutrient content claims – see 7.5 of this *Guide* Nutrition Facts table required on products otherwise exempted by B.01.401(2)(*a*) and *(b)* When used in an advertisement, must comply with the requirements for advertisements – see 7.11 of this *Guide*	B.01.401(3) *(e)*(ii) Table following B.01.513, item 18

substituted with "saturated fat" or "saturates" in the above claims			
b) Low in saturated fatty acids "low in saturated fatty acids" "low saturated fatty acids" "low source of saturated fatty acids" "little saturated fatty acids" "contains only (number) g of saturated fatty acids per serving" "contains less than (number) g of saturated fatty acids per serving" **Note:** "saturated fatty acids" may be substituted with "saturated fat" or "saturates" in the above claims	(1) The food contains 2 g or less of saturated fatty acids and *trans* fatty acids combined per (a) reference amount and serving of stated size; or (b) 100 g, if the food is a prepackaged meal. (2) The food provides 15% or less energy from the sum of saturated fatty acids and *trans* fatty acids.	See conditions set out for item a) of this table.	Table following B.01.513, item 19
c) Reduced in saturated fatty acids "reduced in saturated fatty acids" "reduced saturated fatty	(1) The food is processed, formulated, reformulated or otherwise modified, without increasing the content of *trans* fatty	The following are identified: (*a*) the similar reference food; (*b*) the amounts of the	Table following B.01.513, item 20

acids" "saturated fatty acids-reduced" "less saturated fatty acids" "lower saturated fatty acids" "lower in saturated fatty acids" **Note:** "saturated fatty acids" may be substituted with "saturated fat" or "saturates" in the above claims "fewer saturated fatty acids" "fewer saturates"	acids, so that it contains 25% less saturated fatty acids (*a*) per reference amount of the food, than the reference amount of a similar reference food; or (*b*) per 100 g, than 100 g of a similar reference food, if the food is a prepackaged meal. (2) The similar reference food does not meet the conditions set out in column 2 of the subject "low in saturated fatty acids" (item (b) of this table).	food and the similar reference food being compared, if those amounts are not equal; and (*c*) the difference in saturated fatty acids with the similar reference food, expressed by percentage or fraction or in grams per serving of stated size. (See 7.9 and 7.11 of this *Guide* for definitions and location of required labelling and advertising information.) See conditions set out for item a) of this table.	
d) Lower in saturated fatty acids "less saturated fatty acids" "lower saturated fatty acids" "lower in saturated fatty acids" "fewer saturated fatty acids" "less saturated fat" "lower saturated fat"	(1) The food contains at least 25% less saturated fatty acids and the content of *trans* fatty acids is not higher (*a*) per reference amount of the food, than the reference amount of a reference food of the same food group; or (*b*) per 100 g, than 100 g of a reference food of	The following are identified: (*a*) the reference food of the same food group; (*b*) the amounts of the food and the reference food of the same food group being compared, if those amounts are not equal; and (*c*) the difference in saturated fatty acids with the reference food of the	Table following B.01.513, item 21

"lower in saturated fat" "less saturates" "lower saturates" "lower in saturates" "fewer saturates	the same food group, if the food is a prepackaged meal. (2) The reference food of the same food group does not meet the conditions set out in column 2 of the subject "low in saturated fatty acids" (item (b) of this table).	same food group, expressed by percentage or fraction or in grams per serving of stated size. (See 7.9 and 7.11 of this *Guide* for definitions and location of required labelling and advertising information.) See conditions set out for item a) of this table.	