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# TurboRead Speed Reading

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## Are you frustrated by reading overload?

- ❑ Too much to read in too little time
- ❑ Concentration and mind-drift while reading
- ❑ Cannot remember what you have been reading
- ❑ Sore eyes and fatigue while reading - reading puts you to sleep
- ❑ Skip-reading because you are running out of time

## Speed reading sounds good, however ...

- ❑ Which course do you choose?
- ❑ Are the results the same for all courses?
- ❑ Is your success in speed reading guaranteed?
- ❑ Will you get your money back if a course does not live up to its claims?

## A few questions that you need answers for:

- ❑ School taught you how to read, but not fast and efficient reading - why not?
- ❑ They did not teach you a reliable study method?
- ❑ There are many expensive memory courses - why are BETTER MEMORY SKILLS not standard curriculum at schools, colleges and universities?
- ❑ Why is there doubt surrounding fast, efficient reading when these skills have been available for many generations?
- ❑ Can any sighted human learn speed reading?
- ❑ Does speed reading take the fun out of recreation reading?
- ❑ Is speed reading real reading, or just skip or skim reading?
- ❑ Does success in speed reading depend on the reader's IQ?
- ❑ Should I constantly practice to maintain a fast reading speed?

You will find the answers to these questions, and much more about slow reading and fast, efficient reading on this web site.

Why not discover your actual reading speed and comprehension ... right now - online? Click the Reading Checks link or the book icon below .



- ❑ How fast did you read?
- ❑ Do you feel your reading speed should be faster?
- ❑ Is this your only reading speed?
- ❑ What about comprehension - did you understand everything you read?
- ❑ And memory - could you remember the details of everything you read?

Now, try the study reading speed and comprehension test and compare your results.

You will notice a difference in reading speed between your study reading test and your light reading test. So, you don't have a single reading speed. It changes, depending on:

- ❑ How difficult the reading material is
- ❑ Whether you enjoy the subject matter
- ❑ The reading medium: a book, paper or computer screen
- ❑ How awake or tired you are

- The print quality, font type and print size

If reading speed is not constant, then your current reading speed should be flexible, up or downwards. However, if you move your eyes too quickly over the print, you lose comprehension and understanding you begin to skip-read. This is useless to you as a reading technique.

A good reading improvement course will teach you how to increase the speed at which your eyes move across the print, without skipping words, while improving your understanding of what you are reading AND your memory of what you have read.

You will complete well-designed reading speed, comprehension and recall drills and exercises. It takes commitment and effort. When you succeed and get it right, your new skill is permanent and fantastic. People say good things about good speed reading programs. However, a bad experience with a poorly designed reading improvement program will make a skeptic for life.

**Explore the links on this site to seek the answers to your questions.**

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**ABSOL**

# Comparison

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## How Does Your Light Reading Speed Compare Below?

Did you make a note of your reading speed for the [Light Reading Check](#) and the [Study Reading Check](#)?

What is your reading speed position in the table below?

<b>1 - 100 wpm</b>	A very basic reading ability. Low level of reading experience coupled with low comprehension and understanding. Maximum levels of regression, sub-vocalization and mind drift. Reading is hard work at this speed.
<b>100 - 200 wpm</b>	Readers between 6 and 12 years of age, OR an individual displaying a life-long avoidance of reading, wherever possible. Characterized by high levels of regression, sub-vocalization and concentration problems. Comprehension is about half (50%) or less of what is read.
<b>200 - 250 wpm</b>	An average reading speed in which the vast majority of the world's readers are positioned for most of their lives. Regression of about 10% of all words read with full sub-vocalization. Occasional concentration problems. Generally understanding more than half of what is read.
<b>250 - 350 wpm</b>	A marginally above-average reading speed characteristic of post-high school graduates, or casually enthusiastic readers with a fair reading experience. Occasional regressions with slightly reduced sub-vocalization. No problem in understanding more than half of what is read.
<b>350 - 500 wpm</b>	Well above average and approaching good comprehension and understanding. Enjoyment of reading as a pleasurable activity. Occasional regressions to compensate for mind drift and better recognition of words without full sub-vocalization.
<b>500 - 800 wpm</b>	A useful reading speed that promotes excellent comprehension (75% and above). Reading is pleasurable and there is good control over daily reading commitments for study and office purposes.
<b>800 - 1000 wpm</b>	Extremely efficient reading speed with low sub-vocalization and no regressions. Word recognition is excellent. Comprehension is approaching maximum. There is no reading pressure or time problems associated with coping with volumes of information. Possibly a top-class scholar or high-achieving business person. Typical of someone who has completed a high-quality reading improvement program.
<b>1000 wpm +</b>	A natural speed reader or tutored speed reader who maintains skills by regular practicing and drilling. This is characterized by optimum comprehension and complete control over all reading requirements. Reading is a substantial part of your life, probably two or more books completed per week.

The above table serves as a guideline. There are exceptions.

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