

FITNESS LABS™
NUTRITION CORPORATION

OCT 18 2004

September 28, 2004

Office of Nutritional Products, Labeling and Dietary Supplements (HFS-810)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740

Re: Dietary Supplement Statement of Support Notification

To Whom It May Concern:

Fitness Labs Nutrition Corporation, P.O. Box 3896 Torrance, CA 90510-3896, who is the distributor of the following dietary supplement product, intends to make the following statement(s) of support:

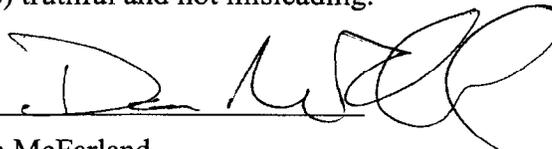
“Appetite Control & Weight Loss Support*”

“Natural Fiber Supports Weight Loss*”

“Glucomannan, a 100% natural soluble fiber, was shown in a clinical study to produce 5.5 pounds of weight loss over an 8-week period when subjects took 1 gram (1,000 mg) of glucomannan 1-hour before breakfast, lunch and dinner while the placebo group gained weight. It reduces appetite by promoting a sense of fullness due to its incredible bulk-forming, water-absorbing powers. The gel it forms in your stomach also helps control the typical insulin and glucose surge from meals. Soluble pectin fibers from apple and grapefruit provide additional health benefits.*”

These claims are being made for glucomannan and apple and grapefruit pectins, which are contained in a product named Fitness Labs® Fiber Diet™ Glucomannan 500 mg. This submission is being made in compliance with 21 CFR §101.93.

The undersigned is an authorized representative of the Fitness Labs Nutrition Corporation and certifies that the information contained in this notice is complete and accurate, and that Fitness Labs Nutrition Corporation has substantiation that the above statement(s) is (are) truthful and not misleading.

By: 

Dan McFarland
President

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