

Source Naturals®
23 Janis Way
Scotts Valley, CA 95066

September 10, 2004

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW., Washington, D.C. 20204

OCT 18 2004

RE: Notification of Nutritional Support Statements

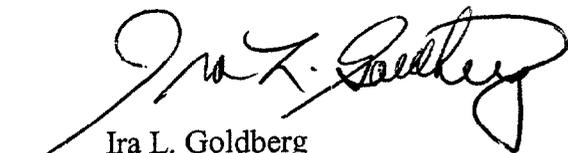
To whom it may concern:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Alpha Lipoic Acid 300 mg, a dietary supplement. Source Naturals® is the manufacturer of Alpha Lipoic Acid 300 mg.

Statements being made in the labeling of Alpha Lipoic Acid 300 mg

- 1) *Alpha*-lipoic acid is a powerful fat and water soluble antioxidant.
- 2) It directly recycles vitamin C and indirectly recycles vitamin E, providing additional antioxidant protection.
- 3) It is also an important component in the energy production process in the cells.
- 4) In recent research, 600 mg of *alpha*-lipoic acid daily was found to decrease plasma LDL oxidation.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals® possesses substantiation that the statements are truthful and not misleading.



Ira L. Goldberg
President, Source Naturals®

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