



Optimum Nutrition, Inc.
 600 N. Commerce Street
 Aurora, IL 60504
 Phone (800) 705-5226
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AMERICAN BODY BUILDING, LLC.
 1756 Industrial Road
 Walterboro, SC 29488
 Phone (800) 763-3444
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**NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA**

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of Science Foods® Diet Enertea™ Product, #71019 bearing the statements set out below:

Optimum Nutrition, Inc.
600 N. Commerce St.
Aurora, IL 60504

The text of each structure function claim for **Caffeine & Ginseng** is as follows:

(Statement 1)

With 100 milligrams of caffeine and ginseng, DIET ENERTEA™ can also be used before exams, after lunch, or anytime increased mental alertness is desired.

I, Ryan Briggs, Director of Contract Packaging at Optimum Nutrition, Inc. am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Optimum Nutrition, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 14th day of November, 2003

OPTIMUM NUTRITION, INC.

BY: *Ryan Briggs*
 Ryan Briggs
 Dir. of Contract Packaging

978 0162

LET

13475

20 FL OZ (591 mL)



Exclusively Manufactured By:
SCIENCE FOODS PRODUCTS®, LLC
Walterboro, SC USA 29488
www.sciencefoods.com
1-866-316-4200

^aTotal Caffeine from all sources is 100 mg.

OTHER INGREDIENTS: Triple Filtered Water, Natural Flavors, Citric Acid, Green Tea Powder, Dextrose, Caramel Color, Natural Potassium Benzoate, Potassium Sorbate, Sucralose, Acesulfame Potassium.

Supplement Facts	
Amount Per Serving	% Daily Value
Serving Size 1 Bottle (20 fl oz)	
Calories	5
Total Carbohydrate	1 g
Sugars	0 g
Vitamin C (as ascorbic acid)	90 mg
Phosphorus	110 mg
Potassium	175 mg
Proprietary ENERTEA™ Blend	190 mg ^b
Guarana Extract (Paullinia cupana)(seed)	(Standardized for caffeine)
Caffeine (as anhydrous)	**
Green Tea Extract (Camellia sinensis) (leaf)	**
Ginseng Extract (Panax ginseng) (root)	**
(standardized for ginsenosides)	
** Daily Value not established	

Suggested Use: Begin consuming one bottle of ENERTEA™ approximately 15 minutes before your next workout, game, or other competitive event, continue sipping during activity. With 100 milligrams of caffeine and ginseng ENERTEA™ can also be used before exams, after lunch, or anytime increased mental alertness is desired.

• ONLY 5 CALORIES
• MADE WITH REAL GREEN TEA
• GINSENG, GUARANA, AND CAFFEINE-ENHANCED

DIETARY SUPPLEMENT
NATURAL FLAVORS

DIET ENERTEA™ LEMON GREEN TEA

SCIENCEFOODS®

ME 5¢ DEPOSIT
CA 2.5¢
KEEP OUT OF REACH OF CHILDREN.
SHAKE WELL BEFORE USE.
STORE IN A COOL, DRY PLACE.
REFRIGERATE AFTER OPENING.
WARNING: THIS PRODUCT CONTAINS 100 MG CAFFEINE. DO NOT USE THIS PRODUCT IF YOU ARE SENSITIVE TO CAFFEINE OR WISH TO ELIMINATE THIS INGESTED FROM YOUR DIET.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

- ◎ ONLY 5 CALORIES
- ◎ Made with REAL GREEN TEA
- ◎ ENERGIZING BLEND of GINSENG and GUARANA, plus GREEN TEA containing POLYPHENOL ANTIOXIDANTS including EPIGALLOCATECHIN GALLATE (EGCG)
- ◎ 100 MG of CAFFEINE
- ◎ ZERO SUGAR
- ◎ ZERO EPHEDRA

DIET ENERTEA™

COLOR #2 COLOR #3 COLOR #4 COLOR #5 COLOR #6 COLOR #7 COLOR #8