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December 1, 2003

Office of Nutritional Products, Labeling, and Dietary Supplements
Center for Food Safety and Applied Nutrition (HFS 800)
Food and Drug Administration
200 C Street, S.W.
Washington, D.C. 20204

To Whom It May Concern:

I certify that the information contained in the enclosed notification, filed by Optigenex Inc. is complete and accurate, and that we have substantiation that the statements are truthful and not misleading.

Sincerely,



Richard Serbin, J.D., LL.M., R.Ph.
President and CEO

RS:pw

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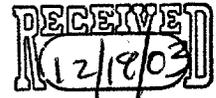
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December 1, 2003

USPS Certified

Office of Nutritional Products, Labeling, and Dietary Supplements
Center for Food Safety and Applied Nutrition (HFS 800)
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200 C Street, S.W.
Washington, D.C. 20204



**NOTIFICATION OF STATEMENTS
OF NUTRITIONAL SUPPORT**

This notification is filed by Optigenex Inc., 750 Lexington Avenue, New York, NY 10022, pursuant to section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act, 21 U.S.C. § 343(r)(6).

Name of Dietary Supplement	Activar™ Age Manager™
Name of Dietary Ingredient	see attached ingredient listing
Statements of Nutritional Support for the Dietary Ingredient	<ul style="list-style-type: none">- supports the body's natural defense against the effects of aging- delivers a level of nutrition unachievable by even the healthiest diet- fuels each of the more than 100 trillion cells in the human body- an advanced and comprehensive approach to caring for and maintaining DNA- provides the fuel to power lasting daytime energy and mental acuity- helps to prepare you for a restful night's sleep- helps maintain inner health and vitality

Pursuant to Food and Drug Administration regulation 21 C.F.R. § 101.93(a)(3), a signed certification is attached to this notice.

By: Richard Serbin, J.D. LL.M, R.Ph.

President and CEO, Optigenex Inc.

Supplement Facts - AM Formula

Serving Size: 3 Caplets
Servings Per Container: 30

	Amount Per Serving	% DV
VITAMINS		
Vitamin A (as retinyl palmitate and 85% as beta-carotene)	2,700 IU	54
Vitamin C (as ascorbyl palmitate and ascorbic acid)	180 mg	250
Vitamin D (as cholecalciferol)	60 IU	15
Vitamin E (as d-alpha-tocopheryl succinate and with mixed tocopherols)	75 IU	250
Vitamin K (as phytonadione)	113 mcg	141
Thiamin (as thiamin HCl)	8 mg	800
Riboflavin (as riboflavin and riboflavin-5-phosphate)	8 mg	363
Niacin (as niacinamide and niacin)	105 mg	825
Vitamin B6 (as pyridoxine HCl and pyridoxal 5-phosphate)	15 mg	600
Folate (as folic acid)	75 mcg	19
Vitamin B12 (as cyanocobalamin)	120 mcg	2,000
Biotin	75 mcg	25
Pantothenic acid (as D-calcium pantothenate)	18 mg	180
MINERALS		
Calcium (as calcium carbonate and calcium citrate)	450 mg	45
Iodine (as potassium iodide and from kelp)	45 mcg	30
Zinc (as zinc glycinate)	3 mg	20
Selenium (as selenomethionine)	45 mcg	84
Copper (as copper lysinate)	0.3 mg	15
Manganese (as manganese gluconate)	0.3 mg	15
Chromium (as chromium polynicotinate)	75 mcg	83
Molybdenum (as sodium molybdate)	15 mcg	20
INFLAMMATORY PROCESS SUPPORT - Proprietary Blend	75 mg	*
Turmeric rhizome extract (85% curcuminoids), Quercetin dihydrate & Cayenne pepper (fruit)		
BLOOD SUGAR/INSULIN SUPPORT - Proprietary Blend		
Vanadium (as vanadyl sulfate)	38 mcg	*
Fenugreek seed, Alpha-lipoic acid & Coenzyme Q-10	80 mg	*
BOTANICAL ANTIOXIDANTS - Proprietary Blend	218 mg	*
Green tea leaf extract (40% catechin and polyphenols), Ginkgo biloba leaf extract (24% ginkgo flavoglycosides, 8% terpene lactones), Guarana seed extract (12 mg of naturally occurring caffeine), & Anthocyanins (from bilberry fruit and grape skin extracts)		
METHYLATING FACTORS - Proprietary Blend	8 mg	*
Betaine HCl & Sulfur (from MSM - methylsulfonylmethane)		
DNA REPAIR		
AC-11™ (Patented extract of <i>Uncaria tomentosa</i> , standardized to 8% Carboxy alkyl esters)	131 mg	*
FAT METABOLIZERS - Proprietary Blend	38 mg	*
Gotu kola leaf, L-Carnitine-L-tartrate & Acetyl-L-carnitine HCl		
ABSORPTION ENHANCERS		
Phosphatidylcholine (from soy lecithin)	38 mg	*
BRAIN FUNCTION SUPPORT		
DMAE bitartrate	38 mg	*
WHOLE FOODS - Proprietary Blend	225 mg	*
Blue-green algae, Spirulina algae & Green barley grass (aerial parts)		
CELLULAR ENERGIZERS - Proprietary Blend	34 mg	*
Cordyceps sinensis fungus extract (1% cordycepic acid) & Royal jelly 3X (5% 10-HDA)		
NUCLEOTIDES-PRECURSORS FOR GENE EXPRESSION		
Chlorella algae (10% RNA - ribonucleic acid)	38 mg	*
AMINO ACIDS - Proprietary Blend	208 mg	*
L-Glutamine, L-Phenylalanine, L-Tyrosine, Taurine & N-Acetyl-L-cysteine		
FATTY ACID COMPLEX	300 mg	*
Soybean lecithin, borage seed oil, evening primrose oil & fish body oil		
DIGESTIVE ENZYMES - Proprietary Blend	1,320 units	*
Amylase, Neutral protease, Lactase, Lipase & Cellulase		

*DV (daily value) not established

Other ingredients: microcrystalline cellulose, croscarmellose sodium, stearic acid, calcium silicate, magnesium stearate, silica, and film coating (water USP, propylene glycol USP, FD&C green No. 3, FD&C yellow No. 6, FD&C blue No. 2, titanium dioxide USP, carnitine sodium citrate).

U.S. Patent No. 6,039,949

Supplement Facts - PM Formula

Serving Size: 3 Caplets
Servings Per Container: 30

	Amount Per Serving	% DV
VITAMINS		
Vitamin A (as retinyl palmitate and 85% as beta-carotene)	2,100 IU	42
Vitamin C (as ascorbyl palmitate and ascorbic acid)	300 mg	500
Vitamin D (as cholecalciferol)	45 IU	11
Vitamin E (as d-alpha-tocopheryl succinate and with mixed tocopherols)	60 IU	200
Vitamin K (as phytonadione)	113 mcg	141
Thiamin (as thiamin HCl)	4 mg	280
Riboflavin (as riboflavin and riboflavin-5-phosphate)	8 mg	441
Niacin (as niacinamide and niacin)	105 mg	825
Vitamin B6 (as pyridoxine HCl and pyridoxal 5-phosphate)	11 mg	660
Folate (as folic acid)	120 mcg	30
Vitamin B12 (as cyanocobalamin)	180 mcg	3,000
Biotin	80 mcg	20
Pantothenic acid (as D-calcium pantothenate)	30 mg	300
MINERALS		
Iodine (as potassium iodide and from kelp)	18 mcg	12
Magnesium (as magnesium oxide and glycinate)	199 mg	80
Zinc (as zinc glycinate)	2 mg	15
Selenium (as selenomethionine)	35 mcg	81
Copper (as copper lysinate)	0.15 mg	8
Manganese (as manganese gluconate)	0.15 mg	8
Chromium (as chromium polynicotinate)	80 mcg	80
Molybdenum (as sodium molybdate)	12 mcg	18
INFLAMMATORY PROCESS SUPPORT - Proprietary Blend	75 mg	*
Turmeric rhizome extract (85% curcuminoids), Quercetin dihydrate & Cayenne pepper (fruit)		
BLOOD SUGAR/INSULIN SUPPORT - Proprietary Blend		
Vanadium (as vanadyl sulfate)	30 mcg	*
Fenugreek seed, Alpha-lipoic acid & Coenzyme Q-10	80 mg	*
BOTANICAL ANTIOXIDANTS - Proprietary Blend	110 mg	*
Cruciferous vegetable blend - broccoli, kale, radish (2% glucosinolates), Grape skin extract (37% total polyphenols), Tomato lycopenes extract (20% lycopene), Rosemary 4:1 extract (aerial parts), Pycnogenol (pine tree bark extract) & Lutein (from marigold flower extract)		
METHYLATING FACTORS - Proprietary Blend	5 mg	*
Betaine HCl & Sulfur (from MSM - methylsulfonylmethane)		
DNA REPAIR		
AC-11™ (Patented extract of <i>Uncaria tomentosa</i> , standardized to 8% Carboxy alkyl esters)	131 mg	*
FAT METABOLIZERS - Proprietary Blend	23 mg	*
L-Carnitine-L-tartrate & Acetyl-L-carnitine HCl		
ABSORPTION ENHANCERS		
Phosphatidylcholine (from soy lecithin)	30 mg	*
BRAIN FUNCTION SUPPORT		
Inositol, Valerian Root & Melatonin	121 mg	*
WHOLE FOODS - Proprietary Blend	105 mg	*
Blue-green algae, Spirulina algae & Green barley grass (aerial parts)		
CELLULAR ENERGIZERS - Proprietary Blend	28 mg	*
Cordyceps sinensis fungus extract (1% cordycepic acid) & Royal jelly 3X (5% 10-HDA)		
NUCLEOTIDES-PRECURSORS FOR GENE EXPRESSION		
Chlorella algae (10% RNA - ribonucleic acid)	38 mg	*
AMINO ACIDS - Proprietary Blend	861 mg	*
L-Glutamine, L-Arginine (as L-arginine HCl), L-Omithine (as L-ornithine HCl), Taurine, L-Tyrosine & N-Acetyl-L-cysteine		
FATTY ACID COMPLEX	300 mg	*
Soybean lecithin, borage seed oil, evening primrose oil & fish body oil		
PROBIOTIC COMPLEX	75 million CFU	*
Lactobacillus acidophilus, Lactobacillus plantarum, Bifidobacterium bifidum & Lactobacillus casei		
DIGESTIVE ENZYMES - Proprietary Blend	877 units	*
Amylase, Neutral protease, Lactase, Lipase & Cellulase		

*DV (daily value) not established

Other ingredients: microcrystalline cellulose, croscarmellose sodium, stearic acid, calcium silicate, magnesium stearate, silica, and film coating (water USP, propylene glycol USP, FD&C blue No. 3, FD&C yellow No. 6, FD&C green No. 2, titanium dioxide USP, carnitine sodium citrate).

Supplement Facts - AM

Serving Size: 4 Caplets

Servings Per Container: 30

	Amount Per Serving	% DV
VITAMINS		
Vitamin A (as retinyl palmitate and 65% as natural beta-carotene)	3,600 IU	72
Vitamin C (as ascorbyl palmitate and ascorbic acid)	200 mg	333
Vitamin D (as cholecalciferol)	80 IU	20
Vitamin E (as d-alpha tocopheryl succinate and with mixed tocopherols)	100 IU	333
Vitamin K (as phytonadione)	150 mcg	188
Thiamin (as thiamin HCl)	10 mg	667
Riboflavin (as riboflavin and riboflavin-5-phosphate)	8 mg	471
Niacin (as niacinamide and niacin)	140 mg	700
Vitamin B6 (as pyridoxine HCl and pyridoxal 5-phosphate)	24 mg	1,200
Folate (as folic acid)	100 mcg	25
Vitamin B12 (as cyanocobalamin)	160 mcg	2,667
Biotin	100 mcg	33
Pantothenic acid (as D-calcium pantothenate)	24 mg	240
MINERALS		
Calcium (as calcium carbonate and calcium citrate)	600 mg	60
Iodine (as potassium iodide and from kelp)	60 mcg	40
Zinc (as zinc glycinate)	4 mg	27
Selenium (as selenomethionine)	60 mcg	86
Copper (as copper lysinate)	0.4 mg	20
Manganese (as manganese gluconate)	0.4 mg	20
Chromium (as chromium polynicotinate)	100 mcg	83
Molybdenum (as sodium molybdate)	20 mcg	27
INFLAMMATORY PROCESS SUPPORT - Proprietary Blend	100 mg	*
Turmeric rhizome extract (95% curcuminoids), Quercetin dihydrate & Cayenne pepper (fruit)		
BLOOD SUGAR/INSULIN SUPPORT - Proprietary Blend		
Vanadium (as vanadyl sulfate)	50 mcg	*
Fenugreek seed, Alpha-lipoic acid & Coenzyme Q-10	80 mg	*
BO TANI CAL ANTIOXIDANTS - Proprietary Blend	290 mg	*
Green tea leaf extract (40% catechin and polyphenols), Ginkgo biloba leaf extract (24% ginkgo flavoglycosides, 6% terpene lactones), Guarana seed extract (16 mg of naturally occurring caffeine), & Anthocyanins (from bilberry fruit and grape skin extracts)		
METHYLATING FACTORS - Proprietary Blend	11 mg	*
Betaine HCl & Sulfur (from MSM - methylsulfonylethane)		
DNA REPAIR		
AC-11™ (Patented extract of <i>Uncaria tomentosa</i> , standardized to 8% Carboxy alkyl esters)	175 mg	*
FAT METABOLIZERS - Proprietary Blend	58 mg	*
L-Carnitine-L-tartrate, Gotu kola leaf & L-carnitine HCl		
ABSORPTION ENHANCERS		
Phosphatidylcholine (from soy lecithin)	50 mg	*
BRAIN FUNCTION SUPPORT		
DMAE bitartrate	50 mg	*
WHOLE FOODS - Proprietary Blend	300 mg	*
Blue-green algae, Spirulina algae & Green barley grass (aerial parts)		
CELLULAR ENERGIZERS - Proprietary Blend	45 mg	*
<i>Cordyceps sinensis</i> fungus extract (1% cordycepic acid) & Royal jelly 3X (5% 10-HDA)		
NUCLEOTIDES-PRECURSORS FOR GENE EXPRESSION		
Chlorella algae (10% RNA - ribonucleic acid)	50 mg	*
AMINO ACIDS - Proprietary Blend	275 mg	*
L-Glutamine, L-Phenylalanine, L-Tyrosine, Taurine & N-Acetyl-L-cysteine		
FATTY ACID COMPLEX	400 mg	*
Soybean lecithin, borage seed oil, evening primrose oil & fish body oil		
DIGESTIVE ENZYMES - Proprietary Blend	1,760 units	*
Amylase, Neutral protease, Lactase, Lipase & Cellulase		

Supplement Facts - PM Formula

Serving Size: 4 Caplets

Servings Per Container: 30

	Amount Per Serving	% DV
VITAMINS		
Vitamin A (as retinyl palmitate and 85% as beta-carotene)	2,800 IU	56
Vitamin C (as ascorbyl palmitate and ascorbic acid)	400 mg	667
Vitamin D (as cholecalciferol)	60 IU	15
Vitamin E (as d-alpha tocopheryl succinate and with mixed tocopherols)	80 IU	267
Vitamin K (as phytonadione)	150 mcg	188
Thiamin (as thiamin HCl)	5 mg	333
Riboflavin (as riboflavin and riboflavin-5-phosphate)	10 mg	588
Niacin (as niacinamide and niacin)	140 mg	700
Vitamin B6 (as pyridoxine HCl and pyridoxal 5-phosphate)	15 mg	750
Folate (as folic acid)	160 mcg	40
Vitamin B12 (as cyanocobalamin)	240 mcg	4,000
Biotin	80 mcg	27
Pantothenic acid (as D-calcium pantothenate)	40 mg	400
MINERALS		
Iodine (as potassium iodide and from kelp)	24 mcg	16
Magnesium (as magnesium oxide and glycinate)	265 mg	66
Zinc (as zinc glycinate)	3 mg	20
Selenium (as selenomethionine)	48 mcg	69
Copper (as copper lysinate)	0.2 mg	10
Manganese (as manganese gluconate)	0.2 mg	10
Chromium (as chromium polynicotinate)	80 mcg	67
Molybdenum (as sodium molybdate)	16 mcg	21
INFLAMMATORY PROCESS SUPPORT - Proprietary Blend	100 mg	*
Turmeric rhizome extract (95% curcuminoids), Quercetin dihydrate & Cayenne pepper (fruit)		
BLOOD SUGAR/INSULIN SUPPORT - Proprietary Blend		
Vanadium (as vanadyl sulfate)	40 mcg	*
Fenugreek seed, Alpha-lipoic acid & Coenzyme Q-10	67 mg	*
BOTANICAL ANTIOXIDANTS - Proprietary Blend	147 mg	*
Cruciferous vegetable blend - broccoli, kale, radish (2% glucosinolates), Grape skin extract (37% total polyphenols), Tomato lycopene extract (20% lycopene), Rosemary 4:1 extract (aerial parts), Pycnogenol (pine tree bark extract) & Lutein (from marigold flower extract)		
METHYLATING FACTORS - Proprietary Blend	7 mg	*
Betaine HCl & Sulfur (from MSM - methylsulfonylmethane)		
DNA REPAIR		
AC-11™ (Patented extract of <i>Uncaria tomentosa</i> , standardized to 8% Carboxy alkyl esters)	175 mg	*
FAT METABOLIZERS - Proprietary Blend	30 mg	*
L-Carnitine-L-tartrate & Acetyl-L-carnitine HCl		
ABSORPTION ENHANCERS		
Phosphatidylcholine (from soy lecithin)	40 mg	*
BRAIN FUNCTION SUPPORT	161 mg	*
Inositol, Valerian Root & Melatonin		
WHOLE FOODS - Proprietary Blend	140 mg	*
Blue-green algae, Spirulina algae & Green barley grass (aerial parts)		
CELLULAR ENERGIZERS - Proprietary Blend	35 mg	*
<i>Cordyceps sinensis</i> fungus extract (1% cordycepic acid) & Royal jelly 3X (5% 10-HDA)		
NUCLEOTIDES-PRECURSORS FOR GENE EXPRESSION		
Chlorella algae (10% RNA- ribonucleic acid)	50 mg	*
AMINO ACIDS - Proprietary Blend	1,148 mg	*
L-Glutamine, L-Arginine (as L-arginine HCl), L-Ornithine (as L-ornithine HCl), Taurine, L-Tyrosine & N-Acetyl-L-cysteine		
FATTY ACID COMPLEX	400 mg	*
Soybean lecithin, borage seed oil, evening primrose oil & fish body oil		
PROBIOTIC COMPLEX	100 million CFU	*
<i>Lactobacillus acidophilus</i> , <i>Lactobacillus plantarum</i> , <i>Bifidobacterium bifidum</i> & <i>Lactobacillus casei</i>		