

October 16, 2003

VIA UPS OVERNIGHT SERVICE

Office of Special Nutritionals, HFS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, D.C. 20204

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RECEIVED
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BY:

Re: Natrol, Inc.

Dear Sir or Madam:

On behalf of Natrol, Inc., I hereby notify the Food and Drug Administration of the use of statements of nutritional support for the following dietary supplement product:

Carb Intercept: Supports Low-Carb Lifestyle
Supports Weight Loss
Clinically Tested

Carb Intercept then "inhibits" the enzyme responsible for converting the starch into glucose (and fat), helping to reduce the absorption of starch calories and allow the carbs to pass through.

Carb Intercept features Phase 2 Starch Neutralizer®, a nutritional ingredient that has been scientifically studied to inhibit the enzyme that is responsible for metabolizing carbs, found in many foods such as potatoes, pasta and breads. Helps reduce excess carbs that may be stored as fat.

Please be advised that the label of the above dietary supplement product includes the statement that "The FDA has not evaluated these statements. This product is not intended to diagnose, treat, cure or prevent disease."

To the best of my knowledge, and based on information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. Natrol, Inc. possesses substantiation that the statements are truthful and not misleading.

Sincerely,

NATROL, INC

Alan Roberts, M.S.
Senior Product Development Manager

/kd

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Nourishing the Potential of Mind and Body

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