



90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

7063 '03 OCT 16 92:07

Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

October 3, 2003

OCT - 6 2003

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Xtreme Trim™ Supreme Ephedra Free/Ephedra Free Thermogenic Xtreme Lean Supreme™ supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Tonalin® CLA Conjugated Linoleic Acid, Guarana Extract, Ginger, Green Tea Extract, Black Tea Extract, White Tea Extract.

- Enhances your dieting success when used with a reduced-calorie diet and exercise program.
- Supports weight loss when used with a reduced-calorie diet and exercise program.
- Helps burn calories when used with a reduced-calorie diet and exercise program.
- Helps reduce body fat when used with a reduced-calorie diet and exercise program.
- This ephedra-free supplement contains several ingredients that promote Thermogenesis, including a unique blend of teas standardized for EGCG.
- Xtreme Trim™ Supreme Ephedra Free/Ephedra Free Thermogenic Xtreme Lean Supreme™ also contains Tonalin® CLA, which is famous for its ability to help promote fat loss when used with a reduced calorie diet and exercise program, plus Guarana and Ginger for an added support boost.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Joanne DeCandia, MS, RD  
Director of Nutrition Communications

JD/je

97S 0162

LET

13203

86103