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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

October 3, 2003

OCT - 6 2003

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our FenuLife® + ALA 200 supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Deodorized Fenugreek fiber, Alpha Lipoic Acid

- Supports sugar metabolism.
- Use as part of your diet to help maintain a healthy blood sugar level.
- This product contains FenuLife®, a concentrated source of Fenugreek fiber that promotes sugar metabolism.
- Alpha Lipoic Acid is a nutrient that helps metabolize sugar in the body, especially in muscles, where it promotes energy.
- Sugar metabolism is important for well-being.
- Use as part of your diet to help maintain a healthy blood sugar level that is already in normal range.
- The Fenugreek in this product is deodorized and tasteless, so you get the health benefits of Fenugreek without the unpleasant taste or odor.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,


Joanne DeCandia, MS, RD
Director of Nutrition Communications

JD/mb

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