



feel better, look better, live better

Dr. Walter Smith - Owner
Alicia Smith - Chief Operating Officer



8-25-03

Office of Special Nutritionals (HF-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, DC 20204

RE: 21 U.S.C. Section 343(r)(6), Notification of Statements on Dietary Supplements

Dear Sir:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of 5-hydroxytryptophan 50 mg, a dietary supplement.

Statements being used for labeling and/or marketing of 5-hydroxytryptophan (5-HTP)

1. 5-HTP decreases appetite.
2. 5-HTP helps with weight loss.
3. 5-HTP causes an early feeling of fullness (satiety).

To the best of my knowledge, and based upon information and belief present at the time of the execution of this notice, I hereby certify that the above information is accurate and complete. Dr. Walter Smith's Get Thin Program possesses substantiation that the statements are truthful and not misleading.

Dr. Walter Smith, DO, president

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