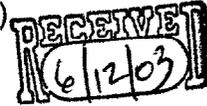


1824 South Robertson Blvd.
 Los Angeles, CA 90035-4317
 310/204-6936 • 800/726-0886
 www.Jarrow.com

FAX NUMBERS
 Orders 800/890-8955
 General 310/204-2520
 Administrative 310/204-5132

May 22, 2003

Food and Drug Administration
 Center for Food Safety and Applied Nutrition
 Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)
 5100 Paint Branch Parkway
 College Park, Maryland 20740
 Reference phone #301-436-2373



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

L-Carnosine is a dipeptide composed of the covalently bonded amino acids *alanine* and *histidine* and is found in the brain, heart, skin, muscles, kidneys and stomach.

L-Carnosine is naturally produced in the body by the enzyme carnosine synthetase. L-Carnosine supports healthy aging and cellular rejuvenation by its effects on two mechanisms: glycosylation and free radical damage. Glycosylation is the oxidation of proteins by glucose resulting in cross-linking of proteins and which is implicated in loss of cell function, genome integrity and accelerated aging. L-Carnosine also protects the aging process of the brain by retarding lipid peroxidation and stabilizing cell membranes.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

L-Carnosine (alanylhistidine)

(4) Name of the dietary supplement(s)

L-Carnosine 500 mg 90 caps

(5) The following disclaimer appears on the label in bold:

**These statements have not been evaluated by the Food and Drug Administration.
 This product is not intended to diagnose, treat, cure or prevent any disease.**

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,

Siddharth Shastri
 Vice President, Product Development

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