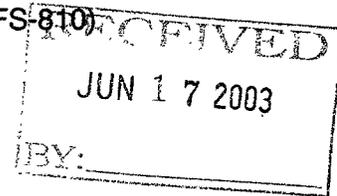


1824 South Robertson Blvd.  
Los Angeles, CA 90035-4317  
310/204-6936 • 800/726-0886  
www.Jarrow.com

FAX NUMBERS  
Orders 800/890-8955  
General 310/204-2520  
Administrative 310/204-5132

May 22, 2003

Food and Drug Administration  
Center for Food Safety and Applied Nutrition  
Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)  
5100 Paint Branch Parkway  
College Park, Maryland 20740  
Reference phone #301-436-2373



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

**(1) Name of Address of distributor:**

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

**(2) Text of the statement(s):**

**Theanine 100** is a unique amino acid found almost exclusively in green tea that exerts beneficial effects on brain metabolism. **Theanine** induces relaxation without causing drowsiness, as measured by increased generation of alpha-waves. **Theanine** may improve learning ability and sensations of pleasure by affecting dopamine and serotonin neurotransmitters in the brain. Also, **theanine** exerts protective effects on the brain by antagonizing glutamate toxicity. **Jarrow Formulas' Theanine 100** is identical to the theanine found in green tea made enzymatically from amino acids.

**(3) Name of the dietary ingredient(s) if not provided in the text of the statement:**

Theanine

**(4) Name of the dietary supplement(s)**

Theanine 100 mg 60 capsules

**(5) The following disclaimer appears on the label in bold:**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients.

Respectfully submitted,

Siddharth Shastri  
Vice President, Product Development

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