

**NOTIFICATION PURSUANT TO**  
**SECTION VI OF DSHEA**

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In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Weider Muscle Volumizer, #50041** bearing the statement(s) set out below:

**Weider Nutrition International Inc.**  
**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

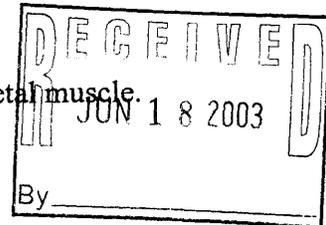
The text of each structure/function claim is as follows:

**(Statement 1)** Arginine Alpha-ketoglutarate promotes NO (Nitric Oxide) production, which increases blood flow, oxygen, glucose and amino acid delivery to skeletal muscle, promoting muscle protein synthesis and recovery. These effects are further enhanced by forskolin (from *Choleus Forskohlii*), which produces physiological effects similar to beta-2 adrenergic stimulation such as dilation of arterioles (which promotes healthy blood pressure), decreased muscle protein catabolism, and increased strength of contraction of skeletal muscle. NO is believed to promote healthy sexual function as well as healthy cardiovascular function.

**(Statement 2)** Promotes NO (Nitric oxide) production.

**(Statement 3)** Promotes increased strength of contraction of skeletal muscle.

**(Statement 4)** Promotes blood flow and oxygen to muscles.



I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 10<sup>th</sup> day of June, 2003

WEIDER NUTRITION INTERNATIONAL, INC.

BY: DR. LUKE R. BUCCI  
DR. LUKE R. BUCCI  
Vice President of Research

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