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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

July 23, 2003

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Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Fiber Force-6® supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Natural Fiber from Oat Bran, Rice Bran, Apple Pectin Powder, Prune Powder, Peach Fiber, Kidney Bean, Lactobacillus Acidophilus, Brussels Sprouts, Broccoli, Spinach, Cauliflower, Cabbage, Carrot.

- Supports/promotes regularity.
- Fiber Force-6® uses the goodness gleaned from fruits, vegetables and grains to help you maintain your regularity.
- In addition, fiber helps maintain cholesterol levels that are already within the normal range.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Joanne DeCandia, MS, RD  
Director of Nutrition Communications

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