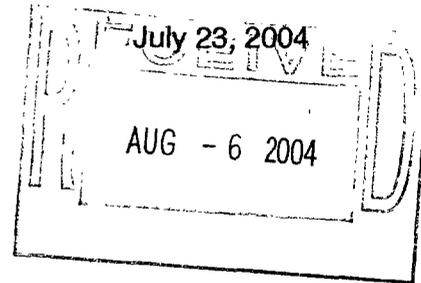


1824 South Robertson Blvd.  
Los Angeles, CA 90035-4317  
310/204-6936 • 800/726-0886  
www.Jarrow.com

FAX NUMBERS  
Orders 800/890-8955  
General 310/204-2520  
Administrative 310/204-5132

Food and Drug Administration  
Center for Food Safety and Applied Nutrition  
Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)  
5100 Paint Branch Parkway  
College Park, Maryland 20740  
Reference phone #301-436-2373



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

**(1) Name and Address of distributor:**

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

**(2) Statements:**

Rhodiola extract (also known as Arctic root) is made from a gold-colored root found in the mountainous regions of Eastern Siberia. Rhodiola is an adaptogen that has been used for centuries and validated for its beneficial effects on energy production and reduction of fatigue. Though there are greater than 20 species of Rhodiola, only authentic Rhodiola rosea contains Rosavins. The term Rosavins refers to the three active compounds rosavin, rosin, and rosarin; salidroside is not a useful marker for Rhodiola rosea. Rhodiola extract is standardized to contain a minimum of 5% Rosavins, the highest potency available.

**(3) Name of the dietary ingredient(s) if not provided in the text of the statement:**

Rhodiola Root 30:1 Extract (*Rhodiola rosea*)

**(4) Name of the dietary supplement(s):**

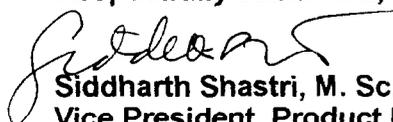
Rhodiola rosea— 500 mg, 60 capsules

**(5) The following disclaimer appears on the label in bold:**

**These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.**

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of the nutrients.

Respectfully submitted,

  
Siddharth Shastri, M. Sc.  
Vice President, Product Development

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LET 14447

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