February 20, 2004

Office of Nutritional Products
Labeling and Dietary Supplements (HFS-810)
FDA
P.O. Box 199
200 C Street, SW
Washington, DC 20204

RE: Notification for Statement on Dietary Supplement

Dear Sir/Madam:

In compliance with the Dietary Supplement Health and Education Act of 1994, Highland Laboratories, 110 S Garfield, PO Box 199, Mt. Angel, Oregon 97362, hereby makes its official notification under Section 101.93 that it has included a statement listed in Section 403(r)(6) of the Federal Food, Drug, Cosmetic Act on its label. Accordingly, enclosed please find two (2) copies of this Notification.

<table>
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<th>Company</th>
<th>Product Name</th>
<th>Dietary Ingredients</th>
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*Please see attachment 1*

email: highland@pdx.oneworld.com
I hereby certify that the information presented and contained in this notice is complete and accurate, and my files contain substantiation that the statements made are truthful and misleading.

Sincerely,

Candis L. Scott
CEO Highland Laboratories

110 South Garfield

Mt. Angel, OR 97362

503-845-9223

1-800-547-0273

FAX 503-845-6364

demail: highlnd@pdx.oneworld.com
CLEAN REVIEW™

Let’s just say this upfront: Talking about your intestines and colon isn’t pretty. However, it’s an important part of human physiology. With that said, let’s jump right in.

The moment a piece of food is placed in your mouth, your body starts producing enzymes to digest it. As the food travels down to the stomach, larger molecules are “downsized”. They become smaller and easier for the stomach to digest.

When the food lands in the stomach, several different chemical and enzyme mixtures begin to take action, hydrochloric acid and pepsin is one example of these mixtures.

From the stomach the nutrients head for the intestines. This is where it really gets exciting.

The small intestine (approx. 22 ft. long) extracts nutrition from food and prepares the rest for elimination. If the “villi” (tiny finger-like nubs lining the intestinal wall) get coated with excess mucous – created by eating too much of the wrong foods – our bodies can’t absorb the proper nutrition. Thus, some nutrition is scooted away into the colon and beyond, along with the body’s natural waste products.

Your intestinal system harbors around 15 pounds of bacteria. Some of it is friendly and some is not. Our ancestors believed that spring-cleaning included the colon.

**Bentonite**: known for its ability to adsorb a variety of complex molecules (1,2,3).

**Psyllium Seed Husk**: supports normal bowel function, binds with cholesterol-rich bile in the small intestine, and facilitates the removal of bile from the body (4, 346-347).

**Apple Pectin**: increases fecal bile excretion (5, 6, 7).

**Diatomaceous Earth**: used to remove enteroviruses and other contaminants from water (8).

**Wheat Grass**: soothes mucous membranes (9, 331-332).

**Chamomile Flower**: soothing, reduces uncomfortable feelings associated with the gastrointestinal tract (10, p. 107)

**Cascara Sagrada Bark**: supports normal colon function (10, pp. 104-105).

**Buckthorn Bark**: supports normal colon function (10, pp. 95-96).

**Ginger Root**: promotes the secretion of saliva and gastric juices; (10, p. 136).

**Marshmallow Root**: when combined with water, marshmallow root forms a protective gel, which soothes and protects tissue (9, p. 227)

**Golden Seal**: stimulates the immune system (9, pp. 173-174)

**Gentian Root**: increases secretion of saliva and digestive juices (10, p. 135).

**Rhubarb Root**: supports normal colon function (10, pp. 195-196).

**Acidophilus**: part of natural flora, acidophilus inhibits pathogens by altering the pH through organic acid production (11).

Available in a 240 capsule bottle, Clean Review™ is a synergistic formula supporting intestinal health.
Attachment 1
Highland Laboratories

References:


These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.