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**NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA**

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of Science Foods® Ripped to the Max® Product, #71013, #71014, & #71015 bearing the statements set out below:

**Optimum Nutrition, Inc.  
600 N. Commerce St.  
Aurora, IL 60504**

The text of each structure function claim for **Caffeine, Green Tea Extract, EGCG, Yerba Mate Extract, Grapefruit Powder, & Garcinia Cambogia** is as follows:

- (Statement 1)** FOR ENERGY & MENTAL ALERTNESS
- (Statement 2)** FOR WEIGHT-LOSS SUPPORT
- (Statement 3)** Proprietary THERMO-SCIENCE BLEND of GARCINIA, YERBA MATE, and GREEN TEA EXTRACTS plus Grapefruit Powder and Caffeine for WEIGHT-LOSS SUPPORT
- (Statement 4)** HYDROXYCITRIC ACID, EGCG, CAFFEINE, AND OTHER INGREDIENTS TO SUPPORT WEIGHT-LOSS AND APPETITE CONTROL
- (Statement 5)** 200 mg of CAFFEINE to SUPPORT MENTAL ALERTNESS

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I, Ryan Briggs, Director of Contract Packaging at Optimum Nutrition, Inc. am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Optimum Nutrition, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 14<sup>th</sup> day of November, 2003

OPTIMUM NUTRITION, INC.

BY:



Ryan Briggs

Dir. of Contract Packaging



**RIPPED TO THE MAX**

- **DIETARY FIBER**  
Proprietary GREEN SCIENCE BLEND of FIBRIN, ZERO CALORIE WAX, and GREEN TEASOLUBLE plus GARDIROL POWDER and Caffeine for WEIGHT LOSS SUPPORT.
- **200 mg of PROPIONYLCAFFEINATE**  
METABOLIC BOOST!
- **ZERO SUGAR**
- **ZERO ENERGY or SYNTHETIC**
- **ZERO ASPARTAME**

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

NET 3.5 FL OZ (100 mL) DEPOSIT  
CA 2.5 C  
KEEP OUT OF REACH OF CHILDREN  
SHAKE WELL BEFORE USE.  
STORE IN A COOL, DRY PLACE.  
REFRIGERATE AFTER OPENING.  
WARNING: THIS PRODUCT CONTAINS 230 MG OF CAFFEINE. DO NOT USE THIS PRODUCT IF YOU ARE SENSITIVE TO CAFFEINE OR IF YOU ARE PREGNANT OR BREASTFEEDING (SEE INSTRUCTIONS FOR FULL DETAILED INFORMATION).

SCIENCE FOODS

**RIPPED TO THE MAX**

**ORANGE**

NATURAL AND ARTIFICIAL FLAVORS  
**DIETARY SUPPLEMENT**

- **ONLY 5 CALORIES**
- **HYDROXYCITRIC ACID, EGCG, CAFFEINE, AND OTHER INGREDIENTS TO SUPPORT WEIGHT LOSS AND APPETITE CONTROL**

20 FL OZ (591 mL)

**Suggested Use:** FOR DIETARY SUPPLEMENTAL SUPPORT, begin drinking one bottle of **RIPPED TO THE MAX** each day for 30 days. For best results, consume 1-2 bottles daily. **FOR WEIGHT LOSS SUPPORT:** Consume one bottle immediately after meals and/or 45 minutes prior to your afternoon workout. For best results, use in conjunction with a diet and exercise program and regular physical activity. DO NOT EXCEED THESE BOTTLES DAILY.

**Supplement Facts**

Amount Per Serving	% Daily Value
<b>Calorie</b> 5	<1%*
<b>Total Carbohydrate</b> 1g	**
<b>Sugars</b> 0g	**
<b>Calcium (as calcium citrate)</b> 65 mg	7%*
<b>Phosphorus</b> 50 mg	5%*
<b>Chromium (as chromium picolinate)†</b> 200 mcg	167%*
<b>Sodium</b> 20 mg	1%*
<b>Potassium</b> 180 mg	5%*
<b>Proprietary Thermogenic Blend</b> 1.5g ‡	**
<b>Garcinia Cambogia Extract (fruit)</b> (standardized for hydroxylic acid)	**
<b>Green Tea Extract (Camellia sinensis leaf)</b> (standardized for EGCG: catechins, polyphenols)	**
<b>Caffeine (as anhydrous)</b>	**
<b>Yerba Mate Extract (Ilex paraguariensis leaf)</b> (standardized for caffeine, polyphenols, theobromine, and theophylline)	**
<b>Gardrol® Butenone® Powder</b>	**
<b>Guarana Extract (Paulinia cupiana) (seed)</b> (standardized for caffeine)	**

\*Percent Daily Values are based on a diet of other people's secrets.  
†Daily Value not established.

OTHER INGREDIENTS

Net Calorie from all sources is 200 mg.

Exclusively Manufactured by:  
**SCIENCE FOODS PRODUCTS, LLC**  
Wallenboro, SC USA 29488  
www.sciencefoods.com  
1-866-316-4200



71013

20 FL OZ (591 mL)



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**HYDROXYCITRIC ACID, EGCG,  
 CAFFEINE, AND OTHER INGREDIENTS  
 TO SUPPORT WEIGHT LOSS AND  
 APETITE CONTROL**

**ONLY 5 CALORIES**

**DIETARY SUPPLEMENT**

**ARTIFICIAL FLAVORS**

**GRAPE**

**RIPPED TO THE MAX**

**SCIENCEFOODS**



KEEP OUT OF REACH OF CHILDREN  
 SHAKE WELL BEFORE USE  
 STORE IN A COOL, DRY PLACE  
 REFRIGERATE AFTER OPENING  
 WARNING: THIS PRODUCT CONTAINS CAFFEINE. DO NOT USE THIS PRODUCT IF YOU ARE SENSITIVE TO CAFFEINE OR WISH TO ELIMINATE THIS COMPONENT FROM YOUR DIET.

ME 86 DEPOSIT  
 CA 25c

- ⊙ **DIETARY FIBER**
  - ⊙ **Potentially Thermogenic Blend of Polyphenols, Epigallocatechin Gallate (EGCG), and Caffeine for Weight Loss Support!**
  - ⊙ **ZERODUCAN**
  - ⊙ **ZERO EPHEDRA or SYNEPHRINE**
  - ⊙ **ZERO ASPARTAME**
- \* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**RIPPED TO THE MAX**

**Supplement Facts**

Serving Size 1 Bottle (20 fl oz)  
 Amount Per Serving % Daily Value

Calories	5	
Total Carbohydrate	1g	<1%
Sugars	0g	**
Calcium (as calcium citrate)	65 mg	7%
Phosphorus	50 mg	5%
Chromium (as chromium picolinate)	200 mcg	167%
Sodium	20 mg	1%
Potassium	180 mg	5%
Proprietary Thermo-Science Blend	1.5g	100%
Garcinia Cambogia Extract (fruit) (standardized for hydroxytric acid)		**
Green Tea Extract (Camellia sinensis)(leaf) (standardized for EGCG, caffeine, catechins, polyphenols)		**
Caffeine (as anhydrous)		**
Yerba Mate Extract (Ilex paraguensis)(leaf) (standardized for caffeine, methylxanthines, theobromine and theophylline)		**
Grapefruit Bioflavonoid Powder		**
Guarana Extract (Paulinia cupana)(seed) (standardized for caffeine)		**

\*\* Daily Value not established.  
 Percent Daily Values are based on a 2,000 calorie diet.

**Suggested Use:** FOR ENERGY & MENTAL ALERTNESS. Begin taking one bottle of RIPPED TO THE MAX 30 minutes prior to your workout containing strength training activity. FOR WEIGHT LOSS SUPPORT - Continue one bottle immediately upon waking and 45 minutes prior to your afternoon meal. For best results, use in conjunction with a low-calorie, reduced-calorie meal plan and regular physical activity. DO NOT EXCEED THREE BOTTLES DAILY.

COLOR #1 COLOR #2 COLOR #3 COLOR #4 COLOR #5 COLOR #6 COLOR #7 COLOR #8