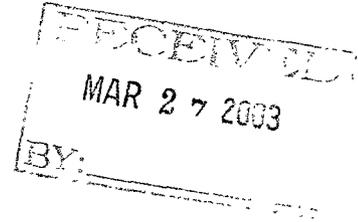


Source Naturals®  
23 Janis Way  
Scotts Valley, CA 95066

1959 '03 APR 15 P1:54

March 7, 2003

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW., Washington, D.C. 20204



RE: Notification of Nutritional Support Statements

Dear Sir or Ma'am:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Gaba Powder a dietary supplement. Source Naturals® is the manufacturer of Gaba Powder.

Statements being made in the labeling of Gaba Powder:

- (1) GABA (*gamma*-aminobutyric acid) is an amino acid derivative and a key inhibitory neurotransmitter.
- (2) Neurotransmitters are chemical messengers that carry information between nerve cells or from nerve cells to other target cells.
- (3) GABA is synthesized directly from glutamic acid. It has an inhibitory effect on the firing of neurons and supports a calm mood.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.

A handwritten signature in cursive script that reads "Ira L. Goldberg".

Ira L. Goldberg  
President, Source Naturals®

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