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 BY: _____

August 9, 2002

Office of Special Nutritionals (HFS-450)
 Center for Food Safety and Applied Nutrition
 U. S. Food and Drug Administration
 5100 Paint Branch Parkway
 College Park, MD 20740-3835

RE: Label Claims/Disclaimers

Dear Sir/Madam:

This letter is to notify you that PhytoPharmica at 825 Challenger Drive, Green Bay, Wisconsin 54311 is a distributor and has included statements provided for by section 403(r)(6) of the Food, Drug, and Cosmetic Act on the labels of the following product.

COMPANY	PRODUCT NAME	DIETARY INGREDIENTS	STATEMENTS
Phyto-Pharmica (a Division of Integrative Therapeutics Inc.)	End Fatigue™ Revitalizing Sleep Formula	Valerian Root Extract, Passionflower Leaf and Flower Extract, L-Theanine, Hops Flower Extract, Wild Lettuce Leaf Extract, Jamaica Dogwood Root Extract, Wild Lettuce Leaf	In his clinical work as Director of the Annapolis Research Center for Fatigue Studies, Dr. Teitelbaum found 76% of study participants reported improvement of quality of life when using his individualized health program, including use of supplements like those in the End Fatigue™ Energy Restoration System.*

I certify that the information contained in this notice is complete and accurate and that PhytoPharmica has substantiation that the statements are truthful and not misleading.

By:
 Robert C. Doster

Title: Senior Vice President of Scientific Affairs

Date: 8/9/02

If you have any questions, please contact Robert Doster, Senior Vice President of Scientific Affairs at (920) 406-3608

Sincerely,

Michael P. Devereux
 Chief Financial Officer

End Fatigue Revitalizing Sleep Formula 13p

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 GREEN BAY, WI 54311-8328
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