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BY: _____

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

July 30, 2002

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Mega Diet Caps supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Physiologics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Chromium, Magnesium, Potassium, Cayenne, Ginger Root, Citrus Bioflavonoids, Green Tea, L-Carnitine, CitriMax®, Guarana, Ma Huang

- Supports Weight Loss
- Promotes Weight Loss
- Ma Huang is an appetite suppressant and Thermogenic agent that can be used as part of your weight control program.
- L-Carnitine assists in the breakdown of fat in cells to produce energy.
- Chromium is an essential mineral that plays a role in fat metabolism.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

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