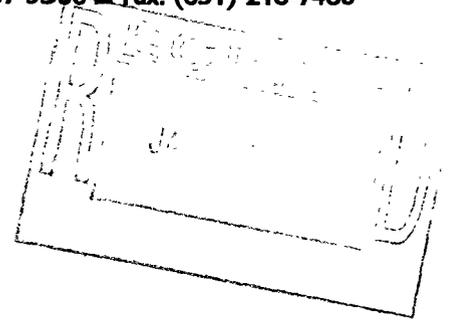




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

January 3, 2002

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our L-Phenylalanine and DL-Phenylalanine supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Physiologics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

- Essential Amino Acid
- L-Phenylalanine is an essential amino acid that cannot be made by the body and must be obtained from food.
- L-Phenylalanine plays a key role in the biosynthesis of tyrosine and helps form some of the neurotransmitters that work in the mood centers of the brain.
- DL-Phenylalanine is an essential amino acid that cannot be made by the body and must be obtained from food.
- DL-Phenylalanine plays a key role in the biosynthesis of tyrosine and helps form some of the neurotransmitters that work in the mood centers of the brain.
- Amino acids are considered the building blocks of protein and are necessary for life.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/tk

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