



90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (63 1) 567-9500 ■ Fax: (631) 218-7480

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March 19, 2001

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Office of Special Nutritionals  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW (HFS-450)  
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Kava Kava supplements under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthWatchers, Herbal Authority, Herbal Harvest, Herbal Sure, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, Select Herbal, US Nutrition, Vitamin City and Vitamin World:

- Derived from a plant native to the South Pacific, Kava Kava helps promote a calm and relaxed feeling.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD  
Director of Nutrition Communications

OS/lt

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