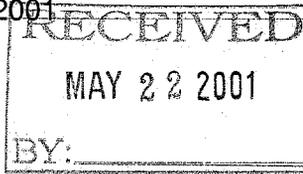


GENERAL VITAMIN CORP

PO Box 1500 Chapel Hill NC 27516
919-929-5785 fax 919-929-2458

May 18, 2001

CERTIFIED MAIL
Return Receipt Requested



Office of Nutritional Products, Labeling and Dietary Supplements
HFS-800
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204

To Whom it May Concern,

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which the statement is being made is as follows:

OcuForm

Vitamin A (75% as beta carotene, 25% as retinol)	5000 IU
Vitamin C (as ascorbic acid)	60mg
Vitamin E (as d-alpha tocopheryl succinate)	50 IU
Zinc (as monomethionine)	5mg
Selenium (as selenomethionine)	50mcg
Bilberry (Vaccinium myrtillus fruit) (Stand, 25%[6.25mg] anthocyanosides)	25mg
Grape Seed (Vitis vinifera) (stand. 95%[9.5mg]proanthocyanidins)	10mg
Glutathione (pharmaceutical grade, free Form amino acid)	10mg
Lutein (active carotenoid from marigold Flower extract)	6mg
Coenzyme Q10 (ubiquinone)	2mg
Zeaxanthin (active carotenoid from Marigold flower extract)	264mcg

Other ingredients: Gelatin, glycerin, silica and water

975 0162

LET 8060

76047

EnerForm

Vitamin B12 (as cyanocobalamin)	500mcg
Korean Ginseng (Panax ginseng root) (stand. 15%[37.5mg] ginsenosides)	250mg
Green Orange Extract (Fructus immaturus Citrus aurantium exocarp) (standardized 4%[4mg] synephrine)	100mg
Siberian Ginseng (Eleutherococcus Senticosus root) (stand. 0.8%[0.08mg] Eleutherosides)	10mg
Cayenne (Capsicum frutescens fruit) (stand. 100,000 Scoville Thermal Units [STU])	10mg
Ashwagandha (Withania somnifera root) (stand. 1.5%[0.15mg] withanolids)	10mg
Schisandra (Schisandra chinensis fruit) (stand. 9%[0.9mg] schisandrins)	10mg
Coenzyme Q10 (ubiquinone)	5mg
Other ingredients: Gelatin, glycerin, silica and water	

The text of the statements that are being made in regards to the above stated products are listed below:

OcuForm

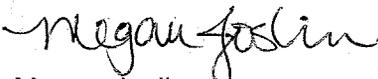
- Ocuform
- nutritionally support healthy eye function
- Promote healthy vision
- for support of the vision sense
- support the highest levels of ocular well being
- Bilberry's popularity dates back to WWII, when British pilots used it to improve night vision
- best eye support available

EnerForm

- enerform
- nutritionally support healthy energy levels
- Help help restock their natural warehouses of usable energy
- blend of energy
- safe, energizing elixir
- promotes peak energy levels

Sincerely,

GENERAL VITAMIN CORP.



Megan Joslin

Product Development Coordinator