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Office of Special Nutritionals  
HFS-450  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW  
Washington DC 20204

Statement of Nutritional Support – CAYENNE

Pursuant to 21 CFR Part 101.93, American Specialty Health and Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as CAYENNE

- 1) Name and Address of Distributor: ASHW 8989 Rio San Diego Drive, Suite 250, San Diego, CA 92108.
- 2) Text of Nutritional Support Statement being made:  
"Cayenne contains the substance capsaicin which when taken internally stimulates the digestive and circulatory systems. It also appears to have some antioxidant properties."
- 3) Name of dietary ingredient: See attached product label.
- 4) Brand Name: CAYENNE
- 5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Sr. Vice President.

Yours truly,

Dr. Doug Metz  
Sr. Vice President

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**Directions For Use:** Take 1 capsule, three times daily with a meal.

**Storage:** Keep tightly closed in a cool, dry place.

**Caution/Warning:** As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician. Do not take if you suffer from asthma, heartburn, hiatal hernia, gastritis, stomach ulcers or bowel irritation. Avoid contact with mucus membranes.

**Note:** This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY™ HEALTH & WELLNESS,  
PO BOX 509040, SAN DIEGO, CA 92150-9040

[www.buyhealthy.com](http://www.buyhealthy.com)

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Item # 40126

# CAYENNE

DIETARY SUPPLEMENT



100 CAPSULES

*Premium Products for Your Health & Wellness*

## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 100

	Amount Per Serving:	%Daily Value
Cayenne pepper, 40,000 H.U. (Capsicum annum fruit, 0.25% capsaicin)	450 mg.	*
*Daily Value not established.		

Other Ingredients: Gelatin.

Double safety sealed with a printed outer shrink-wrap film and a printed inner bottle freshness seal. Do not use if either seal is broken or missing.