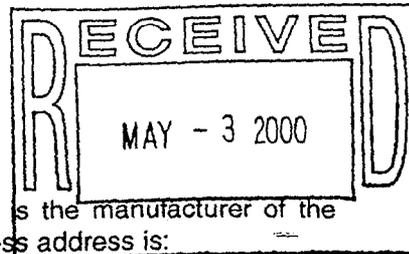


**NOTIFICATION PURSUANT TO  
SECTION 6 OF DSHEA  
AND 21 CFR §101.93**



This notification is being filed on behalf of New Chapter, Inc., which is the manufacturer of the product (s) which bear the statements identified in this notification. Its business address is: 22 High Street, P.O. Box 1947, Brattleboro, VT 05302. This notification is being made pursuant to Section 6 of the DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is Vitamin B Complex.

The text of each structure-function statement for which notification is now being given is:

(Statement 1) : Vitamin B Whole-Food Complex supports and nourishes healthy metabolic and nervous system function

(Statement 2) : Whole-Food Cultured Nutrients™ to support and nourish healthy metabolic and nervous system function

(Statement 3) : Provides a full array of "earth and ocean" greens with phytonutrients for normal metabolic functioning

(Statement 4) : Eleuthero/Lemon Balm herbal extract complex supports digestion and adaptation to stress

The following summary identifies the dietary ingredient (s) or supplement (s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient (s) or Supplement that is the Subject of the Statement</u>
1.	Vitamin B WholeFood Complex
2.	Vitamin B WholeFood Complex
3.	Vitamin B WholeFood Complex Superfoods
4.	Eleuthero/Lemon Balm Herbal Extract Complex

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
1.	Vitamin B Complex	Labeling
2.	Vitamin B Complex	Labeling
3.	Vitamin B Complex	Labeling
4.	Vitamin B Complex	Labeling

I, Alison Sargent, am authorized to certify this Notification on behalf of New Chapter, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that New Chapter, Inc. has substantiation that each structure-function is truthful and not misleading

Date Signed: April 28, 2000

By: Diz Jryl Graphics Coordinator  
(Name, Title)

(Revised 4/00)

97S - 0162

70550  
LET 5384